PATRON
His Excellency, Rear Admiral
Kevin Scarce AC CSC RANR
Governor of South Australia

BOARD MEMBERS
President
Mr L Holmes AM
Vice Presidents
Mr G Mattingly
Mrs M McKenzie
Honorary Treasurer
Mr J Hill
Elected Members
Ms R Bouchee
Mrs M Rowley
Dr R Hecker AM
(to October ‘12)
Mr T Bester
(from October ‘12)

Delegate Members
Mr W Coomans
Mrs C Monck
Mrs S Mudge
Mrs H Richardson

Co-opted Members
Mrs J Grieve
Mr D Henderson
Mr T Bester
(to October ‘12)
Assoc. Prof. R Penhall
(from October ‘12)

Honorary Medical Advisor
Assoc. Prof. R Penhall
(to October ‘12)

Honorary Legal Advisor
Ms S Bolzon

LEADERSHIP GROUP
Chief Executive Officer
Mrs S Broer

General Manager Service Operations
Mrs J Bonnici
(from March ‘13)

Manager Facilities & Food Services (formerly Operations Manager)
Mr E Coronica

Manager Strategy & Communications
Mr P Neal

Manager Corporate Services
Mr D Smith
(from February ‘13)

Manager Client Services
Mrs S Pippos
(from February ‘13)

Manager Finance
Mrs A Draper CPA
(to February ‘13)

Manager Volunteers
Mrs G Noack
(to February ‘13)

PROFESSIONAL SERVICES
Auditors
HLB Mann Judd,
169 Fullarton Rd, Dulwich

Lawyers
Lynch Meyer
190 Flinders St, Adelaide

Bankers
National Australia Bank
48 Greenhill Rd, Wayville
A younger client, Georgia and volunteer Margaret McKenzie chat about the day’s menu!

Photo courtesy of Simon Cross Newspix

CONTENTS

Report of the President 4
Report of the Chief Executive Officer 6
Report of the Honorary Treasurer 8
Branch Milestones 10
Service Awards 11
Congratulations 15
Branch Reports 16
Board and Committees 30
Board Declaration 32
Statement of Comprehensive Income 33
Statement of Changes in Equity 34
Cash Flow Statement 34
Statement of Financial Position 35
Auditors Statement 36
Delivered Meal Services 37
Donations, Bequests and Support 39
For nearly 60 years, Meals on Wheels SA has enabled people to live more independent and healthy lives by providing them with a nourishing midday meal, a friendly chat and unobtrusively monitoring their well-being.

Delivering this service through an almost entirely voluntary workforce immeasurably strengthens South Australian communities and saves tens of millions of tax-payer dollars.

The value of Meals on Wheels to the Australian community was highlighted by our national Patron, Her Excellency Ms Quentin Bryce AC CVO, Governor-General of the Commonwealth of Australia during a visit to the Happy Valley Branch in July 2012. Her Excellency spoke eloquently of the thousands of people who were supported by the service, and paid tribute to the organisation’s dedicated volunteers. These sentiments have also been expressed by our state Patron, His Excellency Rear Admiral Kevin Scarce AC CSC RANR, Governor of South Australia, on several occasions throughout the year.

I am privileged to Chair a committed and diligent Board and I thank all members for their service. Long-serving Elected Member Dr Bob Hecker AM retired from the Board at the 2012 Annual General Meeting. Dr Hecker joined the then State Executive in 1990, and served continuously until his retirement, including 11 years as Honorary Secretary of the Association and regularly undertaking meal deliveries through the Mitcham Branch. Former Branch Representative and co-opted Board member Mr Terry Bester was elected to the Elected Member vacancy. The Board subsequently appointed the former Honorary Medical Advisor, Assoc Prof Bob Penhall, to the vacant co-opted member position.

At a Special General Meeting immediately preceding the Annual General Meeting the revised Meals on Wheels SA Constitution was approved by the Council of Voting Members. This enabled completion, adoption and publication of a revised set of Rules Governing Branch Committees in early 2013. The streamlined Rules provide greater flexibility regarding the composition and tenure of Branch Committees, clarify the processes to establish and disband a branch, and create more contemporary names for key positions on Branch Committees. I would particularly like to thank Board member Mr Bill Coomans who ably and tirelessly led the process of revising both the Constitution and the Rules Governing Branch Committees.

Biographic details of Board members and their Board and Committee attendance records are published in this Annual Report. A Board Handbook was produced during the year to ensure that current and new Board members fully understand their duties and responsibilities, and the Board reviews its performance on an annual basis.

The Board has initiated a review of the Association’s strategic direction to ensure that we are as important and relevant in the future as we have been throughout our history. Our discussions are focused on key questions including: why does Meals on Wheels SA exist and for whom? Who are our customers? What are their needs and what products and services will help to satisfy those needs? What products and services could we offer? How, where and by whom could these products and services be produced and delivered? This process will help to formulate our 2014-17 Strategic Plan.

The future place and value of Meals on Wheels in Australia is now also the subject of a major Australian Government review. This review stems from extensive changes to government policy on the support of older Australians, and changes to the manner in which organisations supporting older Australians will be funded. Through the Australian Meals on Wheels Association and directly, the Meals on Wheels SA Board and management are actively participating in the review process. We seek to preserve and enhance the elements of Meals on Wheels that are so greatly valued by the community, and gain more equitable government funding and meal quality standards across jurisdictions. This work will continue through 2013, with government due to report in early 2014.

Meals on Wheels SA is contributing to a solid national base of research evidence that demonstrates the benefits and outcomes of our services. For many years I have passionately pursued Australian Government and philanthropic funding to conduct major research into the nutritional benefits of Meals on Wheels. Despite considerable lobbying efforts, and a Private Members Motion put to the House of Representatives, we were unable to secure government funds to match a generous offer of a philanthropic grant from the Balnaves Foundation. When that grant lapsed, the Meals
on Wheels SA Board approved the funding of a smaller pilot research project, in partnership with the University of Adelaide, which could provide a ‘proof of concept’ for future funding applications. Since October 2012, new clients who are identified as nutritionally at risk have been invited to participate in a 12 week research program. These clients are supplied with either a standard Meals on Wheels meal, comprising one third of their daily nutritional requirements, or a meal containing additional protein and energy. Various biometric and quality of life measures will be compared with poorly nourished people who decline or are not receiving meals from Meals on Wheels. We have recently learned that a grant through Perpetual Trustees will enable an extension of this research for a further year and I sincerely thank them for their support.

Research into corporate volunteering, conducted in partnership with the University of Adelaide, was concluded in late 2012. This showed that customers are more likely to buy from and recommend companies that participate in corporate volunteering and other corporate social responsibility activities – a further reason for businesses to become involved with Meals on Wheels through volunteering! We also completed a major market research exercise, which has provided rich information about the needs and expectations of current, lapsed and prospective clients and has informed a detailed Marketing Plan.

The Board agreed to the construction of a much-awaited, state-of-the-art production kitchen at Port Pirie. The kitchen was officially opened in June 2013, to the delight of volunteers and the broader community. This project, which has cost more than $800,000, was partly funded by proceeds from the 2012 sale of the Forestville distribution centre. The Branch Committee secured many donations, which enabled the purchase of fridges, freezers, trolleys and other equipment. A very generous donation of $30,000 from Nyrstar was used to supply and fit a solar power inverter system, which is expected to significantly reduce the kitchen’s energy bills in perpetuity.

I have continued to represent SA on the Board of the Australian Meals on Wheels Association (AMOWA), along with CEO Sharyn Broer. Key activities have included representing Meals on Wheels in discussions with the Australian Government and politicians, contributing to the review of delivered meal services, promoting Meals on Wheels on National Meals on Wheels Day and granting wishes for two clients from each state and territory.

The CEO will outline the major changes made to the organisational structure during the year. This was perhaps the biggest change undertaken by Meals on Wheels SA in the past 20 years and I am confident that it will provide much better support for branches and improve communication between volunteers and staff. I congratulate the CEO, managers and staff for the manner in which they have implemented these changes while conducting ‘business as usual’, a truly exceptional effort and achievement.

In closing, I extend my sincere thanks to all volunteers, in all roles and locations, for the tremendous work that you do in delivering more than just a meal to thousands of South Australians. You are truly extraordinary!

Leon Holmes AM
President
Our 2011-14 Strategic Plan aims to strengthen the Association’s foundations and increase our ability to adapt to our changing operating environment. In year two of our strategy we have continued to improve our meals and services, raise our profile, ensure ongoing financial sustainability, support and develop our voluntary and paid workforce, and improve our governance and business processes.

A further small decline in average daily meal deliveries occurred in 2012-13. This 2.3% reduction (97 meals/day) was less than experienced in each of the previous five years and less than the trend interstate. Growth is occurring in most outer suburban areas, the southern Vales and Fleurieu regions, consistent with the rapidly ageing populations in those areas. Though the average number of clients billed per fortnight reduced by 2% to 4725, the number of referrals grew by 5.6%. This indicates that more people are using our services as a short term option, whilst recovering from illness or injury, or awaiting residential care.

Improvements in our meals and services have continued. Twelve of our 39 kitchen branches are offering clients a choice of main course, with further expansion planned. This is proving very popular with clients and enables branches to more readily accommodate people’s food preferences. Over the summer, 20 kitchen branches trialled the provision of a cold entrée on one day of the week, as an alternative to soup, and more recipes are in development. Frozen meals are increasingly popular, for consumption on weekends and public holidays and for times when clients are not home for a midday hot meal delivery. As a result, many branches have sought additional freezer space. A review of meal packaging explored options for presenting meals as appetisingly as possible, with a new soup cup launched in June and a different foil container in production.

Major refurbishments of the Christies Beach, Norwood and Campbelltown kitchens were undertaken as part of our ongoing capital works program, and all kitchen branches and the Kent Town production kitchen achieved excellent Food Safety audit results. Solar power inverter units were installed at the Port Pirie, Mount Gambier and Hindmarsh kitchens, in addition to last year’s installation at Yankalilla. We will be carefully monitoring the impact of these units on energy costs – if successful, we anticipate introducing solar power at other branches and our corporate buildings on a rolling basis.

Three hospital-based branches closed during 2012-13. Operational pressures, along with opportunities for improved meal quality and service at reduced costs, prompted a decision to close the Daws Rd Branch in its 31st year. The branch catchment area was redistributed between the Mitcham, Warradale and Edwardstown Branches, and clients and volunteers alike smoothly transitioned to the new fresh-cook meal service. Branches in the small rural communities of Karoonda and Robertstown were closed due to a lack of demand for services in the area in the foreseeable future, whilst discussions have continued regarding the transfer of the Loxton delivered meals service to Meals on Wheels SA.

Some branches have ventured into expanded activities, including the Burnside Branch preparing meals for the Burnside City Council Community Lunch Program and the Enfield Branch establishing a community garden. These projects are examples of volunteers identifying a community need and making the most of their human and physical resources to further strengthen their local communities.

We recorded a tremendous increase in enquiries from prospective volunteers – 50% more than the previous year. This was the result of sustained marketing activities throughout the year, a concerted public relations campaign during National Volunteers Week, and the enthusiastic recruitment efforts of several country branches. More than half of the people who enquired about volunteering completed their police check and were assigned to a branch, and volunteer retention rates remain high. We have also welcomed several new firms to our corporate volunteering program.

We directly wrote to all registered volunteers in late 2012 and early 2013 to update our records. Though this resulted in an apparent decrease in the number of active registered volunteers the information is now accurate and complete. We thanked and congratulated our volunteers at a number of events, including the annual birthday Movie Day, the Awardee luncheon, and events during Volunteers Week.

Meals on Wheels SA receives some 22% of its income from the government-funded Home and Community Care (HACC) Program. All organisations receiving this funding are required to meet the Community Care Common Standards, with an independent review occurring every three years. I am very pleased to report that Meals on Wheels SA achieved an Outcome 1, which is the highest possible rating, following our review in early 2013. The Standards cover matters such as corporate governance and administration, service delivery and stakeholder engagement.

To ensure our sustainability and vitality into the future we need to continually improve our systems and processes.
Our focus has been on creating greater cost effectiveness and supporting the work of the entirely voluntary Branch Committees. We engaged industry experts to advise on ways to create greater efficiencies in our Kent Town production processes and to audit our compliance with the new Work Health and Safety Act. Though we already met a high standard in both areas, work plans have been developed and actioned to ensure further improvement. The Brighton Branch has piloted a new web-based application for managing service delivery processes, including production of route sheets and meal labels and a more streamlined direct debit process. This has markedly cut the branch’s administration time and we aim to gradually introduce the enhanced system to other branches once the pilot is complete. An interim updated version of the Policies and Procedures Manual was produced whilst a major review of all policies and procedures is undertaken, and a Disability Action Plan has been developed to ensure that our services, facilities and volunteering opportunities are inclusive of people with a disability.

Meals on Wheels SA strives to ensure that our meals remain affordable. Besides diligently working to minimise our operating costs and maximise our investment returns, we have developed strategies to assist in securing more donations, bequests and grants both centrally and at branch level. A pleasing sound base of donations comes via our website, NewsFeed, from funerals and from the business community. Our major donors are listed elsewhere in this report. We have also been successful in several grant applications, most notably a $70,000 HACC Transition grant and a $69,500 grant through Perpetual Trustees.

Behind the scenes, I implemented a major restructure of our paid workforce to better align with our strategic intent and particularly to enable more direct support of and communication with the 88 branches that perform the work of Meals on Wheels. Under the leadership of new General Manager, Service Operations, Julie Bonnici, a small team of Branch Support Officers has become the key resource for all branches. As this function matures, each branch will have two multi-skilled ‘go to’ people with an intimate knowledge of the branch through regular visits, able to assist with inducting and training Branch Officers and volunteers in a range of duties. They will be problem-solvers and advocates for the branch and will be the main conduit of information to and from Central Office. The remaining functional areas of Facilities and Food Services, led by Rick Coronica, Corporate Services, led by David Smith, and Strategy and Communications, led by Peter Neal, provide a range of services that support branches and the Service Operations team.

Regrettably there were redundancies at the manager level as a result of this restructure, with Sharon Pippets, Anna-Lucia Draper and Pina Noack departing Meals on Wheels in February 2013 following 14 years of collective service. No other personnel changes were required, though role descriptions and lines of reporting have naturally been amended. The new structure should be fully implemented by September 2013. I sincerely thank the managers, staff, Board and volunteers for the flexibility and adaptability they have shown in adjusting to this major change.

The attributes and values that have brought Meals on Wheels SA into our 60th year provide a firm foundation for our future success. There are many challenges and exciting opportunities on the horizon, and I look forward to working with our committed volunteers, our diligent Board and our dedicated staff as we continue to fulfil our important purpose within the South Australian community.

Sharyn Broer
Chief Executive Officer
Report of the Honorary Treasurer

It is my pleasure to report to you on the financial outcome of our activities for the financial year 2012/13. In doing so I would like to thank our Branch Treasurers for their hard work and dedication in recording and reporting on financial activities in the branches.

I would like also to express my thanks to our financial staff at Central Office, in particular Benita Souter who took up the reins following the departure of Anna-Lucia Draper during the year and applied herself with great diligence to the task of accounting for our finances and reporting them to the Board. Finally, we are fortunate to have secured the services of Sue Raw from Not-For-Profit Accounting Specialists who has brought a clear and incisive mind to the preparation of our financial statements.

Following our decision last year to accelerate the amortisation of those of our kitchens which are located on council land we had been expecting to incur a deficit before investment income of about $250,000, representing the extra cost of this more rapid amortisation. It is very pleasing therefore to be able to report that we effectively broke even for the year. There is no one simple explanation for this better than expected outcome but I should mention that income and donations generated directly by branches were well up on last year and materially assisted in balancing the budget.

Our biggest expenditures occur in producing or purchasing meals to provide to our clients. Pleasingly, kitchen branches continue to perform very well in containing meal production costs, to ensure that they are operating as efficiently as possible.

Investment results for the year were also very pleasing. Stock markets everywhere rose strongly and as a consequence the value of our investment portfolio improved by about $2 million. A little over $0.5 million of this improvement was in the form of dividends and interest which we reinvested and the balance was in the form of unrealised capital gains.

The other significant factor affecting our financial results was the decision by the Board to revalue our properties to reflect their current values rather than their historical cost. These properties have for many years sat in our books at valuations which bear no resemblance to the values which they would realise if they were placed on the market. Better decisions over the use of our land will be made and the financial position of the Association will be more accurately reflected in our financial statements now that we have adopted current values.

The impact on our financial position of the change in policy was beneficial to the tune of over $3.4 million.

On the negative side, our meal numbers continue to decline and have recently fallen below 4000 per day for the first time in recent decades. This is likely to be the result of the greater range of options available to the people who are our traditional customers in the form of meals supplied by councils, meals funded under Community Aged Care Packages and simple, easy to prepare meals sold in supermarkets at very competitive prices.

The challenge for Meals on Wheels is to remain relevant in this more competitive environment. It is comforting to know that we can approach this challenge from a position of strength given that our net asset position is almost $30 million.

John Hill
Honorary Treasurer
Unprompted awareness of Meals on Wheels: 87%

Awareness of source of ‘meals for seniors’: 73%

Prompted awareness of Meals on Wheels brand: 99%
Branch Milestones and Highlights

The following branches qualified for service awards between 1 July 2012 and 30 June 2013:

15 YEARS
Blyth

20 YEARS
Hallett Cove
Northfield

25 YEARS
Goolwa & Districts
Happy Valley

30 YEARS
Cowell

35 YEARS
Onkaparinga Valley
Milang
Port Broughton

40 YEARS
Campbelltown
McLaren Vale

50 YEARS
Burnside
Mitcham

55 YEARS
Prospect
Whyalla

Other highlights during the period were branches that served milestone number of meals since inception.

50,000
Wudinna

300,000
Happy Valley

700,000
Gawler

80,000
Eudunda

500,000
Barossa Valley

900,000
Warradale

L-R Mrs Liz Scarce, our Patron His Excellency The Governor Admiral Kevin Scarce AC CSC RANR, the 2012 40 Year Awardees and President Leon Holmes AM
We pay tribute to all our volunteers and congratulate the following for achieving milestone years of service in 2012:

**45 YEARS**
- Hein, Rosslyn Gawler
- Rotary Club of Charles Sturt & Grange Woodville
- Todd, Audrey Berri

**40 YEARS**
- Barnes, Pat West Torrens
- Bessell, Pat Barossa Valley
- Clota, John Port Adelaide
- Crain, Bill Christies Beach
- Crain, Doris Christies Beach
- Frost, Mavis Kadina
- Graefe, Mavis Jamestown
- Holt, Ray Port Adelaide
- Keatley, Kath Jamestown
- Lang, Margaret Burnside
- Lindner, Joan Barossa Valley
- Martin, Norma Northfield
- McDonald, Ros Edwardstown
- Prime, Mary Mitcham
- Rayner, Roma Wallaroo
- Reimann, Gwenda Barossa Valley
- Shiane, Nell Jamestown
- Stuckey, Shirley Millicent
- Swan, June Henley & Grange
- Taylor, Thelma Mount Gambier
- Way, Mary Stirling
- Wilson, May Port Adelaide
- Wray, June Campbelltown
- Le Fevre Lions Club Port Adelaide

**35 YEARS**
- Bourne, Glenice Naracoorte
- Chappell, Vi Kadina
- Clarke, Maxine Jamestown
- Couzner, Rosemary Jamestown
- Freer, Pat Snowtown
- Garner, Jeanne Hindmarsh
- Hack, Joy Campbelltown
- Howard, Colleen Balaklava
- Hutchins, Mary Crystal Brook
- Kleing, Pam Eudunda
- Marks, Joyce Glenelg
- McAuley, Heather Edwardstown
- Moulds, Muriel Ardrossan
- Pfeiler, Elsie Waikerie
- Pfitzner, Betty Eudunda
- Piercy, Pat Edwardstown
- Powell, Elaine Kadina
- Prestwood, Margaret Renmark
- Raets, Annie Woodville
- Sampson, Helen Victor Harbor
- Schulze, Marj Enfield
- Smith, Stephanie Modbury
- Walker, Madge Christies Beach
- Wauchope, Carlene Edwardstown
- Worthley, Bess Brighton
- Loveridge, Jennifer Laura & Districts
- Mill, Janet Kadina
- Milton, Tom Modbury
- Moseby, Christine Stirling
- Obst, Pat Eudunda
- Oppatt, Rhonda Strathalbyn
- Reddie, Norma Mount Gambier
- Reimann, Shirley Eudunda
- Reusel, Patricia Barossa Valley
- Roberts, Kaye Naracoorte
- Rodway, Marlene Prospect
- Russ, Blanche Gilbert Valley
- Russell, Barbara Crystal Brook
- Sandland, Beth Peterborough
- Sheehan, Carmel Cummins
- Stratford, Ruth Millicent
- Taylor, Vilma Edwardstown
- Tonkin, Valma Cowell
- Ulseth, John Port Adelaide
- Van Roekel, Joy Port Pirie
- Ware, Thora Port Augusta
- Wickstein, Vera Port Augusta
- Zerner, Jean Eudunda

**30 YEARS**
- Ballantyne, Fay Stansbury
- Beckman, Ian Mount Gambier
- Brown, Molly Renmark
- Camilleri, Helen Enfield
- Clark, Jean Port Adelaide
- Daly, Kay Jamestown
- Davies, Elizabeth Mitcham
- Davies, Noeline Peterborough
- Dayman, Joan Kadina
- Fox, Mary Ceduna
- Hannaford, Jenny Murray Bridge
- Harder, Gloria Cummins
- Hobbs, Dorothy Wallaroo
- Holmes, Julie Jamestown
- Hornhardt, Wendy Cowell
- King, Doris Goollwa
- Koch, Shylie Kadina
- Launer, Elizabeth Clare

**25 YEARS**
- Altorf, Gillian Mount Gambier
- Armour, Gaynor Port Pirie
- Baer, Carla Campbelltown
- Baily, Josie Burnside
- Beck, Heather McLaren Vale
- Berry, Pamela Burnside
- Brice, Judy Onkaparinga Valley
- Bruce, Pat Gilbert Valley
- Carthew, Heather Millicent
- Chapman, Carmel Millicent
- Cunningham, Iris Mount Gambier
- Daly, Pauline Unley
- Emers, Reg Murray Bridge
- Francis, Mary Quom
Frick, Doreen Crystal Brook
Hannaford, Bev Gilbert Valley
Haynes, Murray Renmark
Hoare, Betsy Brighton
Hudson, Joan Whyalla
Hutchesson, Heather Port MacDonnell
Jamieson, Desma Port Broughton
Johnstone, Crichton Mitcham
Jones, Margaret Glenelg
Jones, Beryl Naracoorte
Keynes, Pamela Barossa Valley
Kosche, Margaret Hindmarsh
Lake, Pat Brighton
Lello, Lorrie Booleroo Centre
Lello, Margaret Booleroo Centre
Luders, Allen Murray Bridge
Maloney, Pauline Gilbert Valley
Maney, Shirley Mount Gambier
Martin, Val Willunga
McKinnon, Sandra Port MacDonnell
McLachlan, Christine Burnside
Moxham, Beverley Morgan
Ness, Colleen Strathalbyn
Newlands, Pat Mount Barker
Nolan, Gordan Onkaparinga Valley
O’Sullivan, Marlene Edwardstown
Pearce, Donald Victor Harbor
Pollard, Bernice Moonta
Przibilla, Julie Gilbert Valley
Ronan, Glenyce Stirling
Schutz, Elaine Eudunda
Sneath, Annette Millicent
Tapp, Joan Gilbert Valley
Thyner, Zelma Strathalbyn
Vowels, Rosemary Brighton
Walding, Sandra Murray Bridge
Walraven, Mary Crystal Brook
Wandel, Jean Port Broughton
Whitford, Maxine Ceduna
Wighton, Dianne Mount Gambier
Williams, Nell West Torrens
Woodward, Betty Henley & Grange
Wright, Pat Quorn

20 YEARS
Austin, Cyril Campbelltown
Bassi-Wade, Lucy Happy Valley
Booth, Eunice Blackwood
Bowman, Gill Clare
Bradbrook, Peter Port Pirie
Bradshaw, Kath Murray Bridge
Brazier, Hazel Salisbury
Briggs, Anne Kadina
Brook, Don Henley & Grange
Bruce, Dawn Kadina
Cain, Trish Blackwood
Carruthers, Eth Murrin Bridge
Chippendale, Madeleine Strathalbyn
Clark, Colin Yankalilla
Clarke, Brian Henley & Grange
Conigrave, Jeanne Brighton
Cossey, Marlene Edwardstown
Creed, Jo Goolwa
Crisp, Lois Glenelg
Cross, Paddy West Torrens
Daniel, Josie Kadina
Davenport, Marlene Blackwood
Davis, Heather Mount Gambier
Denny, Diedre Warradale
Duke, Maureen Clare
Duncan, Pamela Two Wells
Edmonds, Bill Port Adelaide
Edwards, Carmel Peterborough
Elliott, Yvonne Victor Harbor
Ellis, Raelene Tailem Bend
Elson, Nola Brighton
Evers, Mary Willunga
Fennell, Pamela Millicent
Ferguson, Judy Port Pirie
Forster, Margaret Warradale
Francis, Denise Port Pirie
Frauchiger, Helen Port Lincoln
Frost, Judi Two Wells
Gates, Susan Snowtown
George, Vern Prospect
Glazbrook, Barbara Renmark
Gobbett, Geoff Mannum

Graham, Jennie Balaklava
Hanlin, Judith Clare
Hart, Astrid Blackwood
Heyworth, Evelyn Gawler
Hicks, Sue Burnside
Hine, Lorraine Warradale
Holmes, Sue Quorn
Horne, Maija Minlaton
Humphris, Gloria Modbury
Humphris, Roger Modbury
Humphrys, Avis Gilbert Valley
Humphrys, Rex Gilbert Valley
Hunt, Susan Burnside
Jackson, John Blackwood
Jarrott, Joan Murray Bridge
Kassiotis, Toula Brighton
Kilgour, Jeanette Blackwood
Knight, Betty Norwood
Krieg, Barbara Norwood
Krieg, Josette Unley
Kroehn, Kerry Waikerie
Kschammer, Patricia Salisbury
Lang, Trevor Burnside
Long, Mavis Goolwa
Mallard, Harry Goolwa
Marden, Val Port Augusta
Mattingly, Glenn Findon
Maxwell, Heather Balaklava
Mayes, Doris Port Pirie
McKenzie, Gillian Crystal Brook
McManus, Sadie Whyalla
Middenway, Gillian Strathalbyn
Miller, Gail Blackwood
Mitchell, Andrew Brighton
Newcombe, Noel Henley & Grange
Newton, Chris Blackwood
Noske, Jennifer Unley
Oberthur, Caryl Whyalla
Pannell, Ron Brighton
Pearce, Marie Renmark
Penn, Beverly Laura & Districts
Pepper, Patricia Mitcham
Perks, Susan Burnside
Pumpa, Lorraine Quorn
Reavill, Leonard Henley & Grange
Redden, Beryl Millicent
Redden, Edward Millicent
Redhead, Beryl Warradale
Regan, Christine Blackwood
Reimann, Judy Robertstown
Ripin, Pamela Warradale
Rogers, Heather Port Pirie
Ross, Faye Happy Valley
Ruis, Connie Moonta
Schreuder, Gerda Warradale
Smith, Eric Port MacDonnell
Smith, Jenny Whyalla
Sobecki, Zen Findon
Spears, Diane Whyalla
Speedy, Marion Blackwood
Spinella, Rocco Brighton
Stephenson, Max Goolwa
Sweet, Ruth Renmark
Tobin, Catherine Whyalla
Venning, Wendy Kedina
Warmington, Joan Ceduna
Whiteway, Phyl Blackwood
Wilkinson, Dianne Mount Gambier
Young, Jenny Jamestown

15 YEARS
Aitken, Neville Clare
Aitken, Shirley Clare
Auld, Ann Barossa Valley
Bannigan, Stuart Playford
Barber, Sylvia Brighton
Baron, Ron Gawler
Basedow, Pauline Prospect
Bedworth, Jillian Naracoorte
Bodey, Ray Brighton
Bonsack, Allan Eudunda
Bonsack, Patricia Eudunda
Boulden, Pamela Warradale
Bown, Chris Murray Bridge
Boyce, Jan West Torrens
Boylan, Gerard Wudinna
Bradford, Mollie Blackwood
Brazzalotto, Monica Salisbury
Brereton, Margaret Whyalla
Brine, Colin Barossa Valley
Brock, Beverley Warradale
Brooks, Michael Modbury
Browne, Peter Wallaroo
Brunato, Cheryl McLaren Vale
Brunato, Mark McLaren Vale
Builis, Ray Modbury
Bunnett, Helen Laura & Districts
Burt, Peter Laura & Districts
Byrne, Chloe Modbury
Cain, Shirley Unley
Caldicott, Noreen Minlaton
Campbell, Margaret Yankalilla
Chamberlain, Betty Port Lincoln
Chenoweth, Maxine Gawler
Chinnery, John Burnside
Clamp, Julie Stirling
Clark, Stephen Enfield
Clogg, Wendy Laura & Districts
Coates, Jenny Mount Barker
Coffey, Betty Snowtown
Collier, Jeanette Berri
Collins, Bronte Yankalilla
Conry, Ann Findon
Copeland, Vi Onkaparinga Valley
Copeland, Sidney Waikerie
Corcoran, Peter Warradale
Costanzo, Maria Edwardstown
Crawford, Raelene Laura & Districts
Crook, Rosemary Onkaparinga Valley
Crossman, Bill Modbury
Daff, Beverley Wallaroo
Darley, Nelda Crystal Brook
Deslandes, John Hindmarsh
Dick, Robert Brighton
Dickenson, Beverley Osborne
Doolittle, Ian Unley
Elson, Joy Tumby Bay
Falkenburg, Werner Warradale
Falland, Grace Renmark
Farmer, June Port Adelaide
Favretto, Gemma Daws Road
Fisher, Brian Burnside
Foote, Raelene Port Adelaide
Gilbert, Joan Gawler
Gilmour, Helen Mount Barker
Glover, Rhonda Cummins
Gray, Ron Port Pirie
Hales, Geoff Tumby Bay
Handke, Pat Christies Beach
Hardy, Ruth Ceduna
Harrison, Dawn Henley & Grange
Harvey, Peter Warradale
Harvie, Sharyn Laura & Districts
Hayes, Jean Kadina
Haynes, Anne Renmark
Hellmanns, Marlene Port Pirie
Higgins, Margaret Whyalla
Hilder, Lorraine Quorn
Hill, Frank Burnside
Hill, Janet Yankalilla
Hittmann, Janinne Quorn
Holmes, Ellen Ceduna
Hoist, Joy Henley & Grange
Hosking, Joy Port MacDonnell
Hudson, Geof Whyalla
Hutchings, Michael Wallaroo
Jacquier, Priscilla Findon
James, Judi Brighton
James, Janice Henley & Grange
Johnson, Fred Warradale
Jones, Phil Hamley Bridge
Jones, Norman Happy Valley
Juers, Maureen Onkaparinga Valley
Justin, Judith Happy Valley
Kay, Lois Osborne
Kemp, Jackie Port MacDonnell
Kilsby, Bruce Mount Gambier
Kite, Barbara Glenelg
Kleinig, Andrew Daws Road
Lacey, Mona Gawler
Lack, Marlene Daws Road
### Service Awards (Continued)

<table>
<thead>
<tr>
<th>Lack, Neil</th>
<th>Daws Road</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laggett, Jillian</td>
<td>Barossa Valley</td>
</tr>
<tr>
<td>Langman, Graham</td>
<td>Mitcham</td>
</tr>
<tr>
<td>Lehmann, Dudley</td>
<td>Robertstown</td>
</tr>
<tr>
<td>Lewis, Fran</td>
<td>Yankalilla</td>
</tr>
<tr>
<td>Lock, Kath</td>
<td>Gilbert Valley</td>
</tr>
<tr>
<td>Loffler, Lorraine</td>
<td>Eudunda</td>
</tr>
<tr>
<td>Lynch, Mary</td>
<td>Brighton</td>
</tr>
<tr>
<td>Lyons, Jenny</td>
<td>Berri</td>
</tr>
<tr>
<td>Mack, Dianne</td>
<td>Warradale</td>
</tr>
<tr>
<td>Mahoney, Cynthia</td>
<td>Cummins</td>
</tr>
<tr>
<td>March, Margaret</td>
<td>Balaklava</td>
</tr>
<tr>
<td>Martin, Gay</td>
<td>Edwardstown</td>
</tr>
<tr>
<td>McDermid, Melanie</td>
<td>Gilbert Valley</td>
</tr>
<tr>
<td>McGilvray, Rachel</td>
<td>Streaky Bay</td>
</tr>
<tr>
<td>McLeod, Pauline</td>
<td>Crystal Brook</td>
</tr>
<tr>
<td>McManus, Joseph</td>
<td>Whyalla</td>
</tr>
<tr>
<td>McRitchie, Margaret</td>
<td>Burnside</td>
</tr>
<tr>
<td>Mills, Clary</td>
<td>Streaky Bay</td>
</tr>
<tr>
<td>Mills, Melva</td>
<td>Streaky Bay</td>
</tr>
<tr>
<td>Moore, Wendy</td>
<td>Whyalla</td>
</tr>
<tr>
<td>Murray, Ev</td>
<td>Snowtown</td>
</tr>
<tr>
<td>Naismith, Pat</td>
<td>Prospect</td>
</tr>
<tr>
<td>Noble, Sally</td>
<td>Campbello Arm</td>
</tr>
<tr>
<td>Oatway, Melva Henley &amp; Grange</td>
<td></td>
</tr>
<tr>
<td>Paltridge, Geoffrey</td>
<td>Naracoorte</td>
</tr>
<tr>
<td>Paltridge, Lois</td>
<td>Naracoorte</td>
</tr>
<tr>
<td>Perry, Carolyn</td>
<td>Mount Gambier</td>
</tr>
<tr>
<td>Pettitt, Max</td>
<td>Brighton</td>
</tr>
<tr>
<td>Phillips, Pat</td>
<td>Tumby Bay</td>
</tr>
<tr>
<td>Phillips, Rex</td>
<td>Tumby Bay</td>
</tr>
<tr>
<td>Pix, Athalie Mitcham</td>
<td></td>
</tr>
<tr>
<td>Pix, Dennis Mitcham</td>
<td></td>
</tr>
<tr>
<td>Pope, David</td>
<td>Warradale</td>
</tr>
<tr>
<td>Prest, Joan Port</td>
<td>Pirie</td>
</tr>
<tr>
<td>Purtle, Sue Prospect</td>
<td></td>
</tr>
<tr>
<td>Quayle, Shirley Stirling</td>
<td></td>
</tr>
<tr>
<td>Reichstein, Josie</td>
<td>Booleroo Centre</td>
</tr>
<tr>
<td>Reid, Carmel Quorn</td>
<td></td>
</tr>
<tr>
<td>Reith, Michael</td>
<td>Modbury</td>
</tr>
<tr>
<td>Richardson, Beverley</td>
<td>Stirling</td>
</tr>
<tr>
<td>Rogers, Brian</td>
<td>Enfield</td>
</tr>
<tr>
<td>Rosser, Darrel Payneham</td>
<td></td>
</tr>
<tr>
<td>Rowe, Marlene Hallett Cove</td>
<td></td>
</tr>
<tr>
<td>Schubert, Margaret</td>
<td>Yankalilla</td>
</tr>
<tr>
<td>Schulz, Joy Murray Bridge</td>
<td></td>
</tr>
<tr>
<td>Seidl, Maria Millicent</td>
<td></td>
</tr>
<tr>
<td>Silvestri, Vicki</td>
<td>Onkaparinga Valley</td>
</tr>
<tr>
<td>Smallacombe, Neville</td>
<td>Christies Beach</td>
</tr>
<tr>
<td>South, Rex</td>
<td>Southern Yorke Peninsula</td>
</tr>
<tr>
<td>Stock, David</td>
<td>Payneham</td>
</tr>
<tr>
<td>Symonds, Frances</td>
<td>Brighton</td>
</tr>
<tr>
<td>Symonds, John</td>
<td>Brighton</td>
</tr>
<tr>
<td>Thomas, David</td>
<td>Moonta</td>
</tr>
<tr>
<td>Thomas, Barry</td>
<td>Whyalla</td>
</tr>
<tr>
<td>Todoric, Kaye</td>
<td>Happy Valley</td>
</tr>
<tr>
<td>Tohl, Yvonne</td>
<td>Clare</td>
</tr>
<tr>
<td>Varney, Graham</td>
<td>Wallaroo</td>
</tr>
<tr>
<td>Vonow, Edna</td>
<td>Crystal Brook</td>
</tr>
<tr>
<td>Wade, Graham</td>
<td>Port Pirie</td>
</tr>
<tr>
<td>Wallace, James</td>
<td>Henley &amp; Grange</td>
</tr>
<tr>
<td>Wallace, Judith</td>
<td>Henley &amp; Grange</td>
</tr>
<tr>
<td>Warnest, Autumn</td>
<td>Jamestown</td>
</tr>
<tr>
<td>Whan, Roma</td>
<td>Mount Gambier</td>
</tr>
<tr>
<td>White, Doug</td>
<td>Findon</td>
</tr>
<tr>
<td>White, Trevor</td>
<td>Port Augusta</td>
</tr>
<tr>
<td>Williams, Donald</td>
<td>Yankalilla</td>
</tr>
<tr>
<td>Williams, Pamela</td>
<td>Yankalilla</td>
</tr>
<tr>
<td>Wojciak, Chris</td>
<td>Enfield</td>
</tr>
<tr>
<td>Woods, Pauline</td>
<td>Kadina</td>
</tr>
<tr>
<td>Zanker, Jill</td>
<td>Laura &amp; Districts</td>
</tr>
<tr>
<td>Ziegler, Laurie</td>
<td>Waikerie</td>
</tr>
</tbody>
</table>
Congratulations

We offer congratulations to all our volunteers, and particularly to those who received awards during the past twelve months in recognition of community service:

**Medal of the Order of Australia**
- Raelene Bussenschutt
  - Kadina branch
- Meg Brown
  - Ardrossan branch
- Barbara Evans
  - Stirling branch
- Gary Polkinghorne
  - Port Pirie branch

**Australia Day Council Citizen of the Year Awards**
- Lawrie Ablett
  - Gilbert Valley branch
  - (Clare & Gilbert Valleys Council, Saddleworth area)
- Sid Copeland
  - Waikerie branch
  - (District Council of Loxton Waikerie)
- Joanne Dickson
  - Kapunda branch
  - (Light Regional Council)
- Claire James
  - Renmark branch
  - (Renmark Paringa Council)
- Ora Jenke
  - Eudunda branch
  - (District Council of Eudunda)
- Beryl Pearse
  - Clare branch
  - (Clare & Gilbert Valleys Council, Clare area)
- Avis Przibilla
  - Gilbert Valley branch
  - (Clare & Gilbert Valleys Council, Riverton area)

**Premier’s Certificates of Recognition for Outstanding Volunteer Service**
- Rosemary Fisher
  - Mitcham branch
- Margaret McKenzie
  - Norwood branch
- Ron Newbold
  - Payneham and Norwood branches

**Unsung Heroes Awards**
- Ann Pope
  - Warradale branch
  - (City of Marion)
- David Pope
  - Warradale branch
  - (City of Marion)
- Fay Quinn
  - Warradale branch
  - (City of Marion)
- Pamela Rippon
  - Warradale branch
  - (City of Marion)
- Alan Vowels
  - Warradale branch
  - (City of Marion)

**Volunteer of the Year Award for Services to the Local Community**
- Pat Hayward
  - Kapunda branch
  - (Barossa & Light Council)

**Civic Achievement Award for Community Services**
- May Healy
  - Happy Valley branch
  - (City of Onkaparinga)

**Community Achievement Award**
- Gaye Lamond
  - Balaklava branch
  - (Balaklava Area Committee)

**Pride of Workmanship Award**
- Kaye Knight
  - Victor Harbor branch
  - (Rotary)

**Community Service Award**
- Lois Allen
  - Stirling branch
  - (Rotary)

**Paul Harris Fellowship**
- Joan Barra
  - Edwardstown branch
  - (Rotary)

**Volunteer Appreciation Certificate**
- Tumby Bay branch
  - (District Council of Tumby Bay)

**Outstanding Organisation**
- Findon branch
  - (Western Futures)

**Youth & Schools Achievement for Flexible Learning Options Award**
- Findon branch
  - (City of Charles Sturt)
Branch Reports

ALDINGA

2012/2013 has been a steady year. We recruited several new volunteers and currently have 52 volunteers serving 28 clients. In December, 42 volunteers and clients enjoyed Christmas lunch and Christmas hampers were again delivered to clients by two volunteers and their grandchildren. Clients appreciated the involvement of the children. Donations of hamper items by the Lion’s Club and local traders were greatly appreciated. Our 80 – 100km delivery round was problematic. We explored alternative arrangements in consultation with Central Office, resulting in the Christies Beach branch now delivering meals to Maslin Beach. In May, volunteers attended the City of Onkaparinga Cinema Day and it is pleasing that our work is recognised by the community. In June, nine volunteers visited the Mitcham and Blackwood kitchens and we thank the volunteers at these kitchens for welcoming us and showing how they work. The staff at the McLaren Vale Hospital kitchen work hard at preparing quality meals and the new menu is appreciated by our clients. Our long standing Client Services Coordinator, Helen Prescott resigned due to ill health, and we welcomed Christine Porter. Our Client Services and Volunteer Coordinators deserve a special mention for the excellent job they do. We are very fortunate in having dedicated volunteers working to achieve Doris Taylor’s vision for Meals on Wheels in SA.

ARDROSSAN

During this year, we have upgraded our ‘rooms’ with an air-conditioner and stove with the assistance of grants, and our finances remain quite healthy. Our number of clients has declined somewhat, and we have now combined two routes into one. We continue to have our meals supplied by the Ardrossan Community Hospital and thank their staff for this service. Currently we have 96 volunteers. Our AGM was held in June and Peter Neal from Central Office gave an outline of the recent CO restructure. Ann Petersen (DON, Ardrossan Community Hospital) also addressed the meeting re upgrades to the hospital (new kitchen, more en-suite rooms, garden). We had a Christmas party for our volunteers, which was a very successful day.

BALAKLAVA

Volunteer numbers remain steady, with some retiring and being replaced by new volunteers. We thank those who have left for their contribution and welcome the new volunteers. We were saddened by the loss earlier this year of Ron Menadue, John Scholz and committee member Nancy Williams, and offer condolences to their families. A few ‘hiccups’ were experienced with changes to hospital staff, but these have been resolved and meal preparation continues well. Recipients received a placemat and a piece of fruit for National Meals on Wheels Day last August which had the theme of ‘Hydration’. Useful information was gained from MoWSA conferences during the year, especially relating to the Central Office restructure. Christmas parcels brought some seasonal cheer to recipients. We promoted MoW by placing newsletters in various venues and in two displays - a Christmas display at the Gallery and one in the Council Chambers foyer. We now supply hand sanitiser pump packs in our deliverer’s carry baskets, along with updated Balaklava District maps for the folders. Thank you to all committee members, especially secretary Jenny Stewart, who have all put in a sterling effort to keep our branch functioning smoothly.

BAROSSA VALLEY

In October, 34 volunteers received a service award. Three of those achieved 40 years service, which is a wonderful accomplishment. Thank you to Orlando Wines for donating a bottle of wine for each of our Life Member Awardees, nine of whom also attended the MoWSA Awardees Afternoon in November. Volunteers with 21-34 years of service in 2012 were surprised and grateful for the Board’s service recognition gift of an engraved pen. The introduction of the high visibility vests has been accepted well. The National Australia Bank (9 years) and Heinrich Cooperage (2½ years) roster management and staff to undertake meal deliveries, which is commendable. Though many clients have either gone into care or have been able to cope well at home, we are still delivering around 60 meals daily. Thanks to Angaston Hospital’s catering staff, and also the maintenance staff for helping our volunteers at the pick-up area. 1,121 frozen meals have also been collected from The Cottage. Thanks to the Lions Club who again supplied Christmas cake for our clients. Much gratitude goes to all our volunteers who are a very dedicated and committed team, regardless of our busy lives. Thanks also to our Committee for their efforts in making our branch a success.

BERRI

Our loyal team of 70 volunteers has ensured another successful year for our Branch. Riverland Regional Hospital prepares meals for around 30 clients and we thank them for their ongoing support. We sadly farewelled Audrey Todd, our longest serving volunteer who held several positions on the committee during her 46 years of service. Audrey was a wonderful role-model for volunteers in our community and will be greatly missed. In December, we delivered client Christmas hampers containing biscuits baked by committee members and...
donations from three local stores - they were well received. In April, the committee organised a ‘get to know you’ barbecue for volunteers. Those who participated thoroughly enjoyed themselves, so we are planning a similar event each year in Volunteers’ Week. For many years, students from the Riverland Special School have been helping with meal deliveries as part of the Duke of Edinburgh Awards Scheme. We thank Margaret Potts, our Client Services Coordinator, for liaising with the school to organise this. Thank you to all volunteers who continue to ensure our clients receive a nourishing meal and a cheery smile each day, and also to the Central Office staff who support our work.

BLACKWOOD
Our branch celebrated its 21st birthday with a barbecue in our lovely garden and a gift of a MOW ‘green’ bag for all our volunteers. We also celebrated Volunteers Day and again our committee surpassed themselves with lovely homemade soup, which was shared with our volunteers at the kitchen. We took part in the annual Blackwood Christmas Parade and celebrated Christmas with an enjoyable party. Christmas Hampers, gifts on Mothers Day and Fathers Day and Easter eggs were delivered by our volunteers and were well received. The implementation of the choice menu has added more work for all but the end result has been very happy clients. Barb Capon, our inaugural Secretary, has recently resigned from that role and we thank her for her commitment over the last 21 years. She remains an active member of our social club committee. Sincere thanks to our dedicated committee members and our 120 volunteers for their continued support.

BOOLEEROO CENTRE
We are a hospital-based branch delivering hot and frozen meals to five separate towns: Booleroo Centre, Wilmington, Wirrabara, Murrarwinya and Melrose. This year we have been highly visible wearing our yellow hi-vis vests and we have had positive feedback from clients and the community. Our thanks go to the Booleroo Health Centre catering staff for the preparation and packaging of meals, and to our volunteers who cheerfully deliver to our clients. Particular thanks to Edward Davis, our Secretary/Treasurer for his work in keeping our branch well coordinated. We currently have 76 volunteers and 25 clients and have delivered 4,715 meals in the past 12 months. Our volunteers are committed, passionate, incredibly hardworking and dedicated to helping their community.

BURNSIDE
2012/13 was a relatively uneventful year which saw our 181 volunteers provide approximately 100 meals per day to recipients. A notable initiative has been the kitchen providing meals, in bulk, to Burnside City Council for their Senior’s lunch program. We have provided approximately 20 two course meals, five days a week, with a very pleasing positive reaction from the BCC clients and staff. This year the branch celebrated its 50th Anniversary with a combined awards presentation and special lunch, attended by the Burnside Mayor and his wife, representatives from Central Office and 128 volunteers and partners. Gwenda Dick, who had celebrated her 90th Birthday in October and has been a volunteer for 45 years, cut the birthday cake. We have had a stable committee that is working well together, which has seen the kitchen running smoothly, albeit with the occasional minor drama. The kitchen passed all its food safety audits again this year. The tradition of providing a small Christmas basket to recipients continued and we were very fortunate to receive donations from a number of organisations. Several of our volunteers also contributed to the baskets by making jam. We convey our sincere thanks to all our volunteers for all their hard work, which has resulted in the branch being able to continue to assist and support our local recipients.

BRIGHTON
After much consultation, our new computer programme was off the ground by January. A demonstration was given at the Branch Officers Conference in May and a number of branches showed keen interest. Thanks to Ron Pannell who worked so hard, and to David Smith and his team at Central Office for their very willing and able assistance. Our branch will start the choice menu when alterations to the new computer programme have been completed. Meal numbers are down and volunteer numbers remain static. We held a volunteer ‘thank-you’ luncheon and we were pleased to welcome representatives from Central Office. Our Christmas Party was held in November and over 120 clients and volunteers attended. We say thank you to our wonderful volunteers and the City of Holdfast Bay, Brighton Rotary and Lions Clubs, St Patrick’s School, Bedford Industries and work experience students, as well as many other community groups who help so willingly.

CAMPBELLTOWN
What a year! Our old brick toilet and tin shed are gone and we now have a modern kitchen. We thank our wonderful volunteers, Central Office staff and Campbelltown Council for their assistance and calmness while the remodelling was taking
place. We will also celebrate our 40th birthday later this year. Our recipients now have a choice of meals. We have had a very active committee. Our Vice Chair, Brian Thomas and Client Services Coordinator, Andrea Burvil have been two enthusiastic new members and we thank them and all committee members for jobs well done. As usual our Birthday and Christmas parties were well attended, however the response to our volunteer BBQ was disappointing, but we thank those who attended and had a good time. Our recipient numbers are on par with previous years and we gained a few volunteers. Congratulations and sincere thanks to all our volunteers who have enjoyed this year.

CHRISTIES BEACH
Our Branch Chair/Assistant Volunteer Coordinator, Ron Bolt passed away in 2012. Ron was a tireless worker for our branch. Vale. Our committee has lost three members and three new ones have come on board. We average 170 meals per day and that is thanks to our excellent kitchen supervisors and volunteers. Guest speakers at our AGM were Mr Don Hopgood who spoke on Water from the River Murray and Pina Noack from Central Office. Last year service awards were presented for between three and 40 years service. Our branch holds BBQ’s for our volunteers at Bunnings twice a year and through this we are able to advertise Meals on Wheels to the public. Special thanks must go to our Volunteer Coordinators who do a marvellous job making sure there are delivery volunteers available each day and to our Client Services Coordinators who provide such a marvellous service to the community.

CLARE
Our branch was very pleased when one of its founding members, Beryl Pearse, was awarded the Australia Day Citizen of the Year by Clare & Gilbert Valleys Council. Beryl continues to be a dedicated volunteer for MOW and our community. Meal recipient, Edna Millard received a pleasant surprise when she was presented with flowers as well as her meal, the day she celebrated her 100th birthday. Clare hosted a conference for Volunteer and Client Services Coordinators, led by CEO, Sharyn Broer and General Manager Service Operations, Julie Bonnici. The day was well attended, enjoyable and informative. Sharyn and Julie also attended our branch meeting that evening. Favourable comments were received for the Christmas hampers delivered to meal recipients, packed in the new black and gold MOW bags. Committee members provided homemade biscuits and mini Christmas cakes to add to the other goodies in the hampers.

COWELL
Our highlight for the year was our 30th birthday lunch held in November for volunteers and clients at the Commercial Hotel. CEO, Sharyn Broer attended and presented service awards. Thank you to volunteers who donated the birthday cake, printing of invitations, serviettes, decorations and flowers. Our client numbers remain steady at around nine. Christmas hampers were delivered to clients thanks to the donated items from both the Lions and Button Clubs. As always the local Council office happily does our photocopying. All has run smoothly thanks to cheery hospital staff and willing volunteers.

CRYSTAL BROOK
During National Volunteer Week in May, 90 volunteers were invited to a two course catered meal held at the football clubrooms in Crystal Brook. Rick Coronica from Central Office attended and thanked volunteers for their commitment. This appreciation meal was enjoyed by the volunteers and is planned to be an annual event. Christmas cakes were delivered to our clients in December. Several committee members attended the Branch Officers Conference in Nuriootpa and the feedback from these conferences is very positive.

CUMMINS
Once again our branch has run smoothly for the last 12 months. Our committee does a wonderful job. A big change this year has been the transition to computerised systems for branch finances. Our Treasurer has adapted very well with help from David Smith. We thank Cummins Hospital administration and catering staff for the preparation of nicely presented meals. We thank the District Council Office for printing our volunteer rosters for us. Earlier in the year our client list grew to about 10-12 as some clients were recovering from hospital procedures and sickness but at present we have dropped back to four on our delivery list. Our clients enjoy seeing a friendly face and receiving a lovely meal, and Christmas and Easter treats are also met with happy faces. We say a huge thank you to our 60 volunteers! In appreciation, our AGM and service awards presentation will be held at the Cummins Hotel, with a complimentary morning tea for all volunteers.

EDWARDSTOWN
This year offered a new challenge with the addition of clients and volunteers from the Daws Road branch closure. New areas were opened to us but the changes were soon sorted and working okay. The numbers have increased with the advent of the winter weather. Volunteer deliverer Joan Barra, who has also worked with Rotary International for many years, was honoured with the
PRESENTATION OF A PAUL HARRIS FELLOWSHIP AND WE CONGRATULATE HER. ONCE AGAIN STUDENTS FROM LOCAL HIGH SCHOOLS HAVE WORKED IN OUR KITCHEN AND HELPED ON DELIVERIES, AND MUST BE CONGRATULATED ON THEIR IMPRESSIVE SERVICE. EASTER AND CHRISTMAS WERE CELEBRATED WITH HOT CROSS BUNS AND CHRISTMAS HAMPERs, WITH CONTRIBUTIONS FROM LOCAL ORGANISATIONS. WE WOULD LIKE TO ACKNOWLEDGE THE INPUT FROM EDWARDSTOWN ROTARY CLUB AND THE EDWARDSTOWN CASTLE TAVERN. THANK YOU TO ALL THE VOLUNTEERS AT THE BRANCH FOR YOUR GREAT SUPPORT THIS YEAR AND ALWAYS.

ENFIELD
WE ARE NOW COOKING BOTH CHOICES OF MAIN COURSE FIVE DAYS A WEEK. CHRISTMAS LUNCH WAS HELD AT THE WINDSOR HOTEL AND WAS A GREAT SUCCESS AS, THANKFULLY, WE HAD DECIDED TO DINE INSIDE AS IT WAS AN EXTREMELY HOT DAY. IN JANUARY WE HAD OUR FIRST SAUSAGE SIZZLE AT OFFICEWORKS, GILLES PLAINS TO RAISE FUNDS TO ESTABLISH A KITCHEN GARDEN ON VACANT LAND NEXT TO THE BRANCH. A SECOND SIZZLE WAS HELD AT BUNNINGS, CHURCHILL ROAD IN FEBRUARY. SOIL FOR THE GARDEN WAS DONATED BY POORAKA SAND & METAL AND JEFFRIES GROUP. BUNNINGS ARRANGED FOR THE DELIVERY OF TRUCK TYRES AND ALSO DONATED PLANTS, A WHEELBARROW AND FERTILISER. WE THANK ALL OF THESE COMPANIES FOR THEIR SUPPORT. WE HAVE PLANTED CARROTS, PEAS AND CABBAGE IN THE RAISED GARDEN BEDS FORMED BY THE TYRES. CHAIR, ROGER DERMODY IS LLASING WITH THE LOCAL ROTARY CLUB TO ASSIST WITH GARDEN MAINTENANCE. A BIG THANK YOU TO ALL OUR DEDICATED VOLUNTEERS.

FINDON
NOTHING HAPPENS AT THE BRANCH WITHOUT THE INPUT FROM VOLUNTEERS. THANK YOU TO THE 93 VOLUNTEERS WHO HAVE WORKED TO SUPPORT VARIOUS AREAS OF BRANCH LIFE - KITCHEN, DELIVERY AND ADMINISTRATION. TOGETHER WE HAVE PLANNED, COOKED AND DELIVERED 24,613 MEALS DURING THE PAST YEAR. VOLUNTEERS ALSO MAKE A SIGNIFICANT CONTRIBUTION TO THE CULTURE OF THE BRANCH, WITH FINDON BRANCH AN ORGANISATION OF CHOICE FOR CORPORATE VOLUNTEERS. VOLUNTEERS FROM WESTPAC BANK AND THE COMMONWEALTH BANK REGULARLY HELP OUT IN THE KITCHEN, AND MEMBERS FROM SEVERAL ROTARY CLUBS ARE REGULAR VOLUNTEERS. FURTHERMORE, SEVERAL LOCAL SCHOOLS HAVE ALSO RECOGNISED THE ROLE OF THE BRANCH IN PROVIDING POSITIVE WORK EXPERIENCES FOR MEMBERS OF THEIR STUDENT BODY. THE BRANCH HAS RECEIVED SEVERAL AWARDS FOR ITS CONTRIBUTION TO THE COMMUNITY: WESTERN FUTURES FOR OUTSTANDING ORGANISATION, AND CITY OF CHARLES STURT YOUTH AND SCHOOLS ACHIEVEMENT FOR FLEXIBLE LEARNING OPTIONS AWARD. WE HAVE BEEN SADDENED BY THE SUDDEN DEATH OF SEVERAL OF OUR BELoved VOLUNTEERS AND WE REMEMBER THEIR MANY YEARS OF SERVICE. TO ALL OF OUR VOLUNTEERS THANK YOU FOR YOUR DEDICATION TO MOWSA AND TO THE WELLBEING OF THE COMMUNITY.

GAWLER
WE HAD A GOOD ATTENDANCE AT OUR ANNUAL SOCIAL AFTERNOON TEA WHICH FOLLOWED OUR AGM IN AUGUST. AS USUAL THE CATERERS DID US PROUD. CLIENT NUMBERS ARE STAYING ABOUT THE SAME AND, APART FROM SOME CHANGES OF KEY VOLUNTEERS, IT HAS BEEN BUSINESS AS USUAL FOR OUR BRANCH.

GILBERT VALLEY
THE BRANCH HAS MAINTAINED A STEADY, HARDWORKING AND COMMITTED COMMITTEE WHICH CARRIES THROUGH TO THE VOLUNTEER GROUP AND WIDER COMMUNITY. THIS YEAR HAS SEEN DECLINING CLIENT NUMBERS FOR A RANGE OF REASONS AND WE HAVE HAD SEVERAL SESSIONS BRAINSTORMING IDEAS TO MAINTAIN A HEALTHY CLIENT LIST. WE ARE AT LAST SEEING THE FRUITS OF OUR LABOUR, WITH INCREASED MEAL NUMBERS. THE CITIZEN OF THE YEAR AUSTRALIA DAY AWARD FOR RIVERTON WAS AWARDED TO AVIS PRZIBILLA WHO WAS A FOUNDING VOLUNTEER FOR OUR BRANCH, AND OVER THE YEARS AVIS HAS VOLUNTEERED ON MANY COMMITTEES THROUGHOUT OUR AREA, GIVING UNSTINTINGLY OF HER TIME. THE CITIZEN OF THE YEAR AUSTRALIA DAY AWARD FOR SADDLEWORTH WAS LAURIE ABLETT WHO HAS VOLUNTEERED AS A DELIVERER FOR THE PAST 15 YEARS. LAURIE ALSO WORKS TIRELESSLY ON OTHER COMMITTEES AND HIS WIFE PAT SERVES AS A COMMITTED VOLUNTEER ON OUR COMMITTEE. OUR COMMITTEE WAS WELL REPRESENTED AT VARIOUS CONFERENCES AND MEETINGS HELD BY CENTRAL OFFICE THROUGHOUT THE YEAR, BRINGING BACK VALUABLE INFORMATION FOR US TO USE, ESPECIALLY THROUGH OUR MORE CHALLENGING TIMES. WE LOOK FORWARD TO NEXT YEAR’S CONFERENCES TO REFRESH OUR IDEAS BANK. WE THANK OUR VOLUNTEERS FOR THEIR UNSTINTING HELP SO THAT WE AS A COMMUNITY CAN PROVIDE THE SERVICES NEEDED FOR OUR CLIENTS AND THE WIDER COMMUNITY.

GLENELG
CONGRATULATIONS TO ALL VOLUNTEERS WHO RECEIVED THEIR SERVICE AWARDS AT OUR AGM. WE PROVIDED CHRISTMAS HAMPERS AND EASTER EGGS TO ALL CLIENTS. MANY THANKS TO OUR COMMITTEE, KITCHEN AND DELIVERY VOLUNTEERS FOR THEIR DEDICATED SUPPORT. WE DELIVER ABOUT 140 MEALS DAILY, WE HAVE 184 CLIENTS OVER NINE ROUNDS AND WE ARE PACKING AND DELIVERING 40-50 FROZEN MEALS WEEKLY. OUR CLIENT SERVICE VOLUNTEER COORDINATORS DESERVE SPECIAL THANKS FOR THEIR WORK IN CARING FOR OUR CLIENTS AND RECRUITING NEW VOLUNTEERS. THE LANG FOUNDATION RECENTLY DONATED A TWO DOOR GLASS FRONTED FREEZER FOR OUR KITCHEN, WHICH IS MUCH APPRECIATED. IN THE PAST CLIENTS HAD TO HAVE THE MINIMUM OF THREE MEALS WEEKLY BUT THIS NO LONGER APPLIES AND THEY CAN NOW HAVE ANY NUMBER THEY REQUIRE. ONE OF OUR CLIENTS CELEBRATED HIS 100TH BIRTHDAY IN DECEMBER, WITH CONGRATULATIONS FROM HIS DELIVERERS. 80 VOLUNTEERS ENJOYED A CHRISTMAS LUNCH.
Since the last report we have had a very interesting year. The number of clients has fluctuated, with some being cared for by family or in aged care facilities. We have also gained some new recipients who are very impressed with the service we provide. Several of our volunteers have left us for various reasons so we decided to have a recruiting drive. We received enquiries from about 26 people and from this number we now have 18 new volunteers. This is a very good outcome! This year is our 25th anniversary and we are looking forward to celebrating this event with a luncheon followed by our AGM in August. We would like to thank the Tennis/Netball Clubs for providing space for our use so that we can continue our great work. Thank you also to Central Office for being so helpful and understanding.

We celebrated our 20th year of operation in September and the start of our 21st year has seen a change to procedures as we commenced supporting our clients with the new choice menu. After much discussion with many of the volunteers involved as well as Central Office, it was agreed to start in early June. The transition has gone very well with the additional workload shared where possible. In mid 2012 we applied to the Federal government for a grant to support our volunteers. We were successful and purchased a BBQ, chairs, tables and a shed to put them in. Thanks to our Treasurer for his efforts in making the application a success, and the team who erected the shed. We continue to support approximately 50 clients with the able assistance of more than 100 volunteers. The committee continues to nurture a team approach with quarterly events such as pizza days, gourmet BBQs and sausage sizzles. These enable volunteers to spend more time getting to know their fellow helpers. We thank all the committee members as well as the kitchen staff and deliverers for their continued dedicated support.

It’s been another satisfying year and we appreciate the strong support from Central Office, Onkaparinga Council and our community in general. We also appreciated CO replacing our dated MOWSA signage. Our volunteers continue to enjoy the quarterly BBQs and, thanks to a Council grant, we now have chairs, tables and umbrellas to make the experiences more pleasant. Most of our volunteers also attended the fully catered annual Christmas lunch. Because of the wonderful support from local business, our Christmas hampers were almost fully self funded. We had fundraising success with BBQs at Bunnings and Woolworths. This year we will be celebrating our silver anniversary. Statistics for the year are: delivered over 19,500 meals (an increase of almost 20% over last year), around 78 meals delivered daily, 300,000 meal milestone reached, and over 100 Branch volunteers. Thanks to the happy crew in the ‘Happy’ branch and to our community as a whole.

Committee members are working very well together and adapting to the many changing situations. At the AGM, CEO Sharyn Broer stated “there is nothing so constant as change”, which is very true and hopefully when all the changes are implemented, we will see many benefits. We thank Central Office for being patient and helpful in this transition period. Our kitchen staff have adjusted to new menus and frozen meals procedures have been working more smoothly. Periodically we have emergencies staffing both kitchens and deliveries, but our wonderful, dedicated volunteers go that extra mile and always get the job done. The Rotary Clubs of Henley Beach and City of Charles Sturt, Grange continue to provide a car and driver each week and West Beach Lions Club helps to provide Christmas cakes for client hampers, for which we are grateful. Kitchen Coordinator Joan Beagley handed over the reins in December to Paul Mazzeo; both have done a tremendous job. Our pantry floor has been resurfaced, the room painted and new shelving erected, resulting in easier access and visibility. For various reasons, the number of clients continues to decline but the volunteers continue to prepare and deliver meals in a caring and capable manner; they provide ‘more than just a meal’.

Our number of meals is about the same as last year. Once again we delivered Christmas hampers which were well received by our clients. Some even asked how much they had to pay! We also did something special for our clients at Easter. One of the major events this year was the installation of solar panels in April on a trial basis, thanks to our Committee. It was pleasing to welcome new volunteers which has been offset by a number being away – some for lengthy periods. Last month, Bernie Lewis Home Loans started corporate volunteering, with two of their staff each fortnight delivering on a rotational basis. It is great that they have made this commitment. We cannot thank enough our team of volunteers for doing a fantastic job over the last year.
JAMESTOWN
It has been another successful and rewarding year with some new office bearers welcomed. We are hospital-based and our client numbers range between 18 and 23. Our 40 permanent deliverers plus emergency volunteers are thanked for their dedication and service to the community. On National Meals on Wheels Day last August we promoted the theme 'hydration', encouraged our clients to drink more, especially in hot weather, and gave them juices or bottled water with their meal. At the annual Awardees Afternoon we were proudly represented by three 40 year service award recipients, two of whom are still on the committee and delivering. Christmas hampers were delivered and were well received and appreciated by our clients. At Easter we delivered good wishes and eggs, and for our one remaining RSL veteran we made Anzac Biscuits and reminisced with him for Anzac Day. Members have enjoyed attending our neighbouring branch functions as well as seminars and workshops arranged by Central Office. Our thanks must go to the kitchen staff at Jamestown Hospital for their excellent meals and service. We will continue to work together to assist our community with this important service.

KADINA
Our branch celebrates its 42nd year of operation this year. We are continuing to function well and smoothly, currently serving 39 clients on a two route system. This excludes two clients in Bute and two in Kulpara who receive frozen meals delivered weekly via the District Nurses from Wallaroo Hospital. Many of our clients use the frozen meal option for weekends or public holidays. Members of our committee enjoy attending the various conferences and workshops provided by Central Office in order to stay abreast of policy and procedure and any changes that are needed. Our Treasurer and Client Services Coordinator appreciate the readily available help provided by Central Office. Our volunteer base has reduced from 120 to 100, due mainly to retirement, but there remains an adequate base to service our clients. We still have difficulty in encouraging volunteers to join our committee when necessary or committee members to accept an office bearer position, placing a heavy burden on current office bearers who have been serving for many years.

KAPUNDA
Our first year as a branch of MoWSA has been an interesting and exciting one. Even though we are only a small branch with approximately 22 clients, we have about 45 volunteers who deliver the meals once a month. This year we created a Volunteers Car Allowance Fund which allowed us to give small gifts to our clients on special occasions. At Easter time each client received a small Easter Bunny which was a great surprise to them and was much appreciated. On Christmas Day our clients were delivered a traditional Christmas dinner courtesy of the Kapunda Hospital. The clients loved this as many have no family. We deliver meals on every week day of the year including public holidays, thanks to the generosity of our volunteers. This year the Barossa Council and Light Regional Council presented their inaugural Volunteer Award to Patricia Hayward for Services to the Local Community.

KAROONDA
In consultation with the Board of MoWSA and Central Office, the branch committee made the decision to close the Karoonda branch from 28 June 2013 due to having only one remaining client, who will now receive meals direct from the hospital. The branch commenced meal deliveries in 1994 and has celebrated many milestones during this period, including the delivery of a total of 21,304 meals. Grateful thanks must go to all committee members and volunteers who have worked tirelessly over 19 years to provide this wonderful service, and to the staff of Karoonda Hospital for the provision of tasty meals. The re-opening of the branch will be considered by the Board, and current volunteers are keen to be active again, if and when circumstances change.

LAURA AND DISTRICTS
The branch serves the towns of Georgetown, Gladstone and Laura with meals from the Laura Hospital. We are happy to report that our volunteer numbers have remained constant which means that we only need to do deliveries once every month or five weeks. We also have a good number of people on the reserve list. Again this year, our client numbers have reduced due to some moving into care, others becoming independent again and others leaving the district. This reduction has meant that no-one in either Georgetown or Gladstone is receiving meals at this time. We appreciate the dedicated hospital kitchen staff who have the meals prepared, packed and appropriately named by the collection time and we know that clients appreciate the variety of the three week turnaround of the menu. Two of our committee members attended the Branch Officers Conference in May and, as always, found the information given to be interesting and useful.
MEALS ON WHEELS (SA) INC

20

The branch is indebted to the Maitland Hospital. Being a hospital-based branch, the community is grateful for the special care that the hospital staff takes to supply nutritious, tasty meals and we thank them sincerely. Client numbers have dropped slightly, due in the main to people taking up residence in the local retirement home. The branch has a large number of volunteers that undertake delivery of meals, and we gratefully thank them. The committee will endeavour to recruit some younger members in the future. Our volunteers still have concern about the heavy hot boxes. Maitland has been represented at MoW conferences. Four Maitland volunteers attended the Branch Officers Conference at Nuriootpa in June. These conferences give an in depth perspective on the workings of MoW and continued efforts to improve the service.

McLaren Vale

This year we celebrate the 40th year of service to the McLaren Vale and McLaren Flat areas. Thanks to the Rotary ladies for gifts and posies for distribution on Mother’s Day; the Willunga Lions Club for providing Christmas cakes for hampers; the students of Willunga High School for gifts of baked biscuits distributed at Christmas time; and Colton Court for photocopying. We also offer special thanks to our committee who worked tirelessly through several changes: Rob Hall took over as Volunteer Coordinator from Elizabeth Hunt, Lyn McKittrick took over as Client Services Coordinator from Lisa Gale; and Heather Beck is once again acting Treasurer following the resignation of Jennifer Hoad. This year we served 5,535 meals to around 36 recipients. Client numbers have increased rapidly in the past quarter and we look forward to the milestone of 100,000 meals served very soon. Our praise and thanks go to the McLaren Vale and District War Memorial Hospital for their continued support with high quality meals preparation. The Hospital started serving meals in September 1988, so we also celebrate 25 years of their services. Thanks to Central Office for support and assistance. We praise the work of our volunteers for the tremendous effort they give on their regular delivering roster and for those on the committee for their additional duties.

Meatworks

Little seems to change for our branch. Luckily our reliable volunteers continue to offer their time to deliver a hot meal to our clients who are very grateful for this service. A new volunteer recently joined us and we would, of course, welcome others too. We travel more than 50km each day to deliver meals as most of our clients live alone in isolated country spots, from Echunga, Macclesfield, Meadows and Clarendon. We are met by our Kangarilla volunteers at Meadows each Monday and they take frozen meals to our clients at Clarendon. It’s very much a team effort of many people. Several of our dear, very long term clients have gone into care recently and their families have rung to show their gratitude for helping their parents to stay at home for so long as they had wished. Recently we had a mid-term volunteer’s meeting to share news and clarify new objectives and it was good to catch up a little more often. We look forward to our AGM in September and our Christmas breakups. We thank the team at Kent Town for their service and cooperation.

Mildura

This year we have seen a few changes in the roles of our volunteers, mainly in the office. Our long standing Branch Chair, Bev Banks officially retired due to ill health, but has been capably replaced by Faye Gentle, who has taken on the role with concern and enthusiasm. We also said goodbye to Jill Schultz who has relocated to Strathalbyn. Jill will be missed by us all, especially when it comes to organising the afternoon tea at our AGM and service award presentation. As usual, every year we have volunteers retire but they are soon replaced by new volunteers, which is very pleasing for the Branch. Once again the year seems to get away from us and Christmas comes around quicker every year.

Minlaton

The branch activities at Minlaton have varied little for many years and the last one is no exception. Daily deliveries average about 14 meals and, apart from the sad loss of loyal volunteers Noreen Caldecott and Mary Glazbrook, our volunteer numbers remain stable. There is little doubt that if, when or as new volunteers might be required, our generous community will respond. We celebrated a delivery milestone in conjunction with our well-attended Christmas lunch as deliveries since formal inception now total 45,002, although as many if not more meals were previously delivered under the banner of the Minlaton District Hospital prior to joining MoWSA. We participated in the Australian Meals on Wheels national volunteer survey. We appreciate the assistance provided by Central Office staff and the suppliers of daily meals, Melaleuca Court Nursing Home. Our operation is so smooth it almost runs itself. Thank you to all.
MITCHAM

It has been a very busy year for all, with many highlights. Our client numbers increased significantly due to the closure of the Daws Road branch earlier in the year. As well as the new clients, we welcomed a host of new volunteers who have settled into the new Mitcham delivery routes. We also delivered our 1.6 millionth meal, with photos appearing in the local papers and a commemorative placemat given to all clients. We received a grant of $4,000 from Rotary with which we purchased a new washing machine and five hot box trolleys. After a long search we welcomed a new Client Services Coordinator to the team. He has taken on the role with much enthusiasm. Mitcham Branch also featured on the ABC show ‘Behind the News’ which was a real thrill! After much planning, our 50th Birthday celebrations are nearly upon us. What an achievement! What a year!

MODBURY

Our branch delivered 32,856 meals this year, an increase of 4%, including a significant increase in frozen meal numbers to 2,500. Our AGM was attended by 38 volunteers and 6 guests including Peter Neal from Central Office. We extend sincere thanks to retiring Committee members John Liebich, Di Butterfield, Ken Bone, Pauline Liebich and former Chair and member for 30 years, Tom Milton, for their dedicated service to our branch. We thank our local Lions Clubs who again donated Christmas cakes and Hope Valley Foodland for help with our Christmas hampers, Bunnings Modbury for supporting Mothers’ and Fathers’ Days and also providing a BBQ evening for our volunteers. Our main operational issue is the need for additional freezer space to cope with the growing number of frozen meals. Finally, our sincere thanks go to our 150 volunteers who cheerily serve our 180 clients (28% increase), and to the staff at Central Office and Kent Town for their ongoing support and guidance.

MOONTA

Our branch has had a good, fun and exciting year with a great group of volunteers who work efficiently and professionally, and with love for MoW and everything it stands for. Our condolences to the family of 20 year volunteer and then client, Howard Osborne, and also to the family of volunteer Leon Cross, on their sad passing. A special thank you to our volunteer deliverers for helping to make a difference in our clients’ lives and the support given to them when needed. Thank you to our new volunteers who we welcome with open arms, especially those who have taken on committee roles. We have gained around 12 new clients, and frozen meal deliveries have increased as well. Late last year we received a Council grant for a new freezer. Our clients fluctuate between 25 and 40, with most days seeing 30-35 meals prepared. Thank you to Jennifer and her team for making Christmas, Easter and Anzac treats for our clients, these really make their days. For the first time we will have a float in the Moonta Christmas Pageant and this will raise the profile of MoW. We passed our food safety audits with flying colours! Well done to everyone on a very successful year.

MORGAN

The operations of the branch continue to run smoothly thanks to our dedicated volunteers. Special thanks to the Cadell Training Centre for preparing our meals. In November we held our Christmas social afternoon for recipients and, with the help of Rosie the Christmas Elf, all recipients received presents from the branch. An auction of donated goods was also held, with a lot of laughter about the antics of our auctioneer, Rosie. Thank you to everyone who donated goods for the auction. In December our volunteers enjoyed Christmas lunch. An issue is the lack of recipients and, to try and encourage more recipients, a flyer was designed and dropped in everyone’s letterboxes in Morgan and Cadell. Articles have also been placed in ‘Morgan Matters’ to raise our profile in the community. At this stage we have increased our numbers by two recipients. Two committee members attended the Branch Officers Conference at Nuriootpa. Thanks to Central Office for the opportunity to attend a very informative and enjoyable day. Congratulations also to all members who received service awards this year.

MOUNT BARKER

In our 38th year, a total of 428,642 meals have been provided to Nairne via Littlehampton, Verdun, Hahndorf and inner Mount Barker. Our clients have embraced the choice menu. Our volunteers always endeavour to cater to our clients’ meal needs. Many thanks to all volunteers and committee members for maintaining an excellent service to the Mount Barker and Districts community. Jodi Schiedl recently became our Volunteer Coordinator following retirement from the role by Chris Monck, and we thank both. In December volunteers attended a Christmas lunch. Members of our committee made up Christmas hampers, which included Christmas cakes generously donated by the Lions Clubs from Nairne, Mount Barker and Hahndorf. Before Easter we made “Easter chickens” which were distributed to each of our delighted clients. In March we were pleased to host an afternoon tea.
for truly valued branch members, Betty Wrigley (38 years’ service) and her long time delivery partner, Margaret (Cherry) Sinclair (33 years’ service) who retired earlier in 2012. Betty was instrumental in starting the Mount Barker branch in 1975. A teacher at Mount Barker High School, she supervised a group of students that visited the Stirling branch. After negotiations with her Principal and the Mount Barker Rotary Club, an inaugural meeting to form a branch was held on 13 March, 1975. We thank Betty for her foresight and persistence. A plaque honouring her contribution will be placed in our meeting room. These two women are testament to the way strong and long lasting friendships are formed through volunteering for MoWSA.

MOUNT GAMBIER
During the year the kitchen flooring was replaced with non slip vinyl, limiting the possibility of volunteers slipping whilst working in the kitchen. In addition, solar panels were erected to assist in power usage costs. On 12 October we celebrated our 50th anniversary and launched our book, “Good Morning, Meals on Wheels Calling”. The birthday celebration, with invited guests and volunteers, also included presentation of service awards, together with afternoon tea. In April we received a grant from the State government for $2,640, which was used to purchase high visibility vests for all volunteer drivers and deliverers, a St John wall-mounted first aid kit for the kitchen, six first aid kits for daily drivers’ cars, and three sessions of basic first aid training by St John for all volunteers.

NARACOORTE
Naracoorte is a small branch in regard to numbers of clients; currently we have 33 clients but this can vary from as low as the mid-twenties and up to the high thirties. What we lack in client numbers we make up for in dedicated volunteers with nearly 150 on our books. Some volunteers are in their eighties and have been supplying meals for more than forty years. Recently we were sorry to say goodbye to Bill and Melva Pomery. Melva, having completed 42 years of service with our Branch, will receive a special award from our volunteers at our next AGM.

NORTHFIELD
Another year gone, with everything going almost smoothly. Our Kitchen Coordinator was among those honoured with an award for 40 years service at the Awardee Afternoon in November. Parcels were delivered to our clients for Christmas and were very much appreciated. Thank you to the Gilles Plains Lions Club for Christmas cakes, and to our wonderful volunteers for biscuits. Our choice menu is popular with our clients as it makes them more in control of what they like to eat. Thanks to the staff at Kent Town kitchen for their cooperation. The Committee thanks our marvellous volunteers for their unfailing devotion and valuable time to get meals to those in need.

NORWOOD
In August 2012 we once again held a combined luncheon, AGM and presentation of service awards. In addition, Ron Newbold and Marg McKenzie received the Premiers Certificate of Recognition for Outstanding Volunteer Service from other voluntary groups. This year our kitchen was renovated and the garden area was cleared and planted. We reduced our runs from five to four, and introduced cold alternatives for soup in summer. Several kitchen volunteers catered for our Christmas lunch and in April we celebrated our birthday with a sausage sizzle. Clients received a birthday card, Easter eggs
and Christmas gift bags containing goods donated by local businesses. Students and corporate volunteers have given time in the kitchen and with deliveries this past year, and our clients really enjoy seeing the young people when they assist with deliveries. On behalf of all office bearers and committee members, thank you to everyone for the time you have given over the past year.

ONKAPARINGA VALLEY
This is the 35th year of our branch, with a celebration lunch to be held later in the year. The branch continues to shows true community spirit with volunteers eagerly undertaking their given tasks, which helps to build friendships between each other while providing a vital service to the community and those people needing support. Members of our branch have been involved in functions held by Central Office including the Royal Adelaide Show and the Volunteer March held in Adelaide. Client numbers in our branch have continued to be at a lower number this year as over the past couple of years. Numbers fluctuate with most of our clients following a state trend of not receiving meals five days a week due to busy social lives and appointments.

Orroroo
Our branch supplied 1,657 meals to the Orroroo community during the 2012/13 financial year. We currently have ten clients, seven valued volunteer drivers and one new recruit. We continue to provide a high standard of meals to our clients. Thank you to all our volunteers.

OSBORNE
Another year has come and gone but the volunteers just keep doing good things every day. We are not a big kitchen and sometimes we have issues with recruiting drivers and deliveryers, and even the Kitchen Coordinator goes out on rounds! Our meal numbers have been up and down for the year. At the moment our winter menu is being well received by all clients. We know you can’t please everyone and we get the odd complaint but everything always seems to turn out okay. Over the year we have been so lucky to have students coming into the kitchen and going on deliveries for work experience. They are so well mannered and keen to learn about MoWSA. There have been a few volunteer retirements, and they will be sadly missed. A big thank you to all volunteers and committee members for doing such a great job.

PAYNEHAM
We had an eventful but successful year in 2012/13 and delivered meals to 87 recipients, which was similar to 2011/12. We had on average 100 volunteers preparing and delivering meals. During the year we lost our hard working Volunteer Coordinator (Val Buck) and her replacement (Ruth Gordon) also had to resign due to family commitments. Our two Kitchen Coordinators (John Russo and Glen Diggins) are currently ‘filling in’ on a day to day basis and are doing a good job, but obviously we would like to have a regular Volunteer Coordinator again. We held our AGM in August 2012, which was well attended by more than 17 volunteers plus CEO Sharyn Broer. All committee positions were filled with the exception of Vice-Chair and Assistant Secretary, so we have a workable team. Our annual service awards luncheon was held in October and was attended by approximately 65 volunteers who had a great time. A sincere thank you to all of our hard working volunteers including the committee members for our efficient operations during the year, and we appreciate the assistance given us by Central Office. We look forward to another good year in 2013/14.

PETERBOROUGH
We delivered 4,557 meals this year, and since inception (1975) 206,468 meals. Thank you to the 42 volunteers who deliver meals to, on average, 20 clients daily. Three volunteers went to the annual Awardees Afternoon in November to receive service awards. All Committee positions were filled once again at the AGM. We were thrilled for our client, Fred Lomas who was chosen for the National Meals on Wheels ‘Make a Wish’ competition and was presented with a laptop with Skype capability to communicate with his twin sister in England. Our volunteer and client Christmas lunch was held with much laughter, with gifts being given to both volunteers and clients. 29 volunteers also attended a luncheon in June.

PORT AUGUSTA
This year the branch has continued to operate as well as ever. At our AGM all positions on the committee were filled without any fuss and all have excellent working relationships. All office bearers were able to attend the appropriate conferences and returned with an abundance of information which has been passed on to the volunteers. Volunteer numbers remain about the same however there have been a number of new persons who have been travelling with the volunteers while delivering meals and have shown a keen interest in taking up a role in the future. The number of recipients has reduced rather dramatically, some because
they were not happy with the meals and some of the recipients are only having a couple of meals a week on days which coincide with a meal that they like. The Branch was invited to participate on the Board’s Country Hospital-based Branch Sub-committee and was happy to accept the invitation.

PORT BROUGHTON
Port Broughton has continued to have steady numbers of recipients throughout the 2012/2013 financial year. Volunteer numbers remain strong at present, however new volunteers are always needed and welcomed. The volunteers and Committee members have again done a wonderful job throughout the year, with thanks especially to the members who take on the roles of Client Service and Volunteer Coordinators for the valuable work that they do. We look forward to another great year at Port Broughton.

PORT LINCOLN
2012/13 has been another good year for our branch, with a minimum number of problems to report, and a great deal of success to be proud of. The highlight of the year is service awards to volunteers in our branch. We give credit to the hospital board and staff for the smooth transition that has occurred during the hospital upgrade, and for the courtesy, car parking arrangements and consideration that the hospital has shown for the continuation of our services to the community. Thank you to all committee members who made this year very pleasant; it has been a very harmonious, supportive and cooperative year. Thank you too to our deliverers and drivers, and to the hospital staff who prepare both hot and cold meals for our clients. Teamwork has been very apparent between the hospital staff and our committee and volunteers, with Central Office staff also playing their part to make a very successful year.

PORT MACDONNELL
Thank you to our Committee, valued volunteers, Central Office staff and the Port MacDonnell Lions Club for your continued support. Thanks also to our friends from the Mount Gambier branch. We have new hood ranges over our stoves and our thanks go to Peter and Kevin from the Lions Club for installing them. We also thank the AEAS students for their help with cooking and delivering meals. We had a Food Safety audit recently and are very pleased to report no major issues. Recipient numbers are down but hopefully will pick up in the future.

PORT PIRIE
We have had a very successful year delivering meals to 125 recipients, and this was achieved with the help of approximately 135 volunteers. The highlight of our year was the opening of our new kitchen. It was officially opened by President of MoWSA, Leon Holmes AM and Branch Chair, Frank Petagna on Saturday, 22 June. This was followed by light refreshments for Board members, invited guests and volunteers. We consider ourselves very lucky to have such a new facility. On Wednesday 3 July we played host to a special guest, His Excellency Rear Admiral Kevin Scarce AC CSC RANR, Governor of South Australia and MoWSA Patron, who toured our kitchen and enjoyed afternoon tea with the committee. Sadly in May, our Client Services Coordinator for many years, Joyleen Cunningham passed away and she will be greatly missed. Thanks to our committee and wonderful volunteers and we are also very grateful for the help provided by the staff at Central Office.

PROSPECT
Due to the retirement of our long-serving Chair, Barbara Healey, we welcomed Elizabeth Pohl, who took over the reins last September. Earlier this year we had a much-needed upgrade of our committee room, and it has made a big difference to time spent in the office. Our thanks to the Wilderness Home Help Fund (Walkerville Council). Our AGM/Awards presentation was held in September, where 30 volunteers received service awards. A delicious afternoon tea prepared by one of our volunteers concluded a pleasant afternoon. In March we celebrated our 55th anniversary, and the Committee will arrange for a special cake to celebrate at our AGM in September. In May we were sorry to lose the very efficient services of our Kitchen Coordinator of 20 years, Di Zerella. Our Client Services Coordinator also retired and we thank them for jobs well done. Both positions have now been filled and we are grateful to Central Office staff who helped out for a short time. A big thank you to our committee members and many volunteers who deliver enjoyable meals to our clients.

QUORN
Our branch is continuing to run smoothly under the direction of reliable office bearers and volunteers. Client numbers have been lower lately, but numbers do fluctuate from time to time. A long time client turned 104 in July and she is just one of our lovely clients who are a pleasure to serve with meals. Our thanks to the Quorn Hospital for preparing our meals and our wonderful volunteers and committee for the time they give to MoWSA.
RENMARK
In most ways it has been ‘business as usual’ for the year, thanks to the ongoing and diligent support of our volunteers who cook and deliver an average of 225 meals weekly. The ongoing and additional responsibilities involved in the new WHS Act compliance places ongoing demands and training responsibilities on our volunteers and we remain grateful to all those who continue to rise to the occasion. We wish to remember the stalwart of our branch administration for many years, Treasurer Murray Haynes. His attention to detail and commitment to all financial and maintenance issues, often beyond the call of duty, has been highly appreciated and has made the lives of others easier. Murray evolved from the old paper driven system to computerisation and direct debit and has confounded the adage that ‘you can’t teach an old dog new tricks’. Thanks to Murray’s commitment to succession planning, Raelene Adams has slipped seamlessly into the role and early signs are that her tenacity will be a challenge to Murray’s. We also acknowledge and thank Central Office for their ongoing support and knowledge.

SALISBURY
Once again we have completed a very busy and successful year with a total of 29,590 meals being prepared and delivered by our very dedicated volunteers. Our volunteer numbers have seesawed over the 12 months and at the time of writing we need more, and hopefully the numbers will increase once again. Our Christmas luncheon was held at the Bowling Club and as usual was a great success. Our recipients received a hamper at Christmas when served with special Christmas lunch. Over 400 frozen meals were delivered for the holiday break. Sincere thanks to all our volunteers for the great work they are doing.

STIRLING
Our client numbers are down slightly. In an effort to increase numbers we held an ‘Information Day’ at Stirling. The response was a little disappointing although we did gain some interested volunteers. We again provided Christmas hampers and Easter gifts to our clients, thanks to Romeo’s Foodland, Bakers’ Delight, Hahndorf Lions and various organisations for donations. We were delighted when our retiring Chair, Barb Evans, was awarded an OAM for services to politics and her involvement with many Adelaide Hills volunteer organisations and our Client Services Coordinator, Lois Allen was presented with a Community Service Award from the Rotary Club. Our kitchen trialled cold entree soup alternatives in summer with help from Brenton and Alois from Central Office, but by the end of summer most clients wanted soup again. We had one catastrophic fire danger day when we were unable to deliver. Two clients had meals delivered the night before and all others were able to manage.

TAELEM BEND
Our branch has had a good year even though we lost some clients due to going into full care at the age care facility. Fortunately we have picked up some new clients and our numbers are back to 12. We operate with 28 volunteers. They are on the roster once a month and some double up on the shifts to fill in the spots. We had an enjoyable break up with a Christmas dinner at the Riverside Hotel. Rick Coronica from Central Office gave an interesting talk and most of the volunteers attended. Our clients were very happy with our Christmas hampers. We take a couple of children and dress them up as Father Christmas and elves, which the ‘oldies’ love, and we attempt to sing carols too.

TUMBY BAY
Our branch has attended conferences in Adelaide, held 10 committee meetings and participated in National Meals on Wheels Day, with Mayor Collins and Councillor Brougham delivering meals. The high visibility vests are being worn, with some volunteers purchasing their own. Hand sanitiser has been introduced on delivery rounds. Promotional cards have been distributed around the business and welfare sectors. The Committee made Christmas biscuits for clients and a Christmas luncheon was held, with most clients attending. Volunteers and clients enjoyed a ‘No Falls Prevention’ afternoon and a cuppa. Mayor Collins presented Chair Carol Beaton with an appreciation certificate and plant for all MoW volunteers in Tumby Bay to commemorate Volunteers Week. Our client base is steady with 37 clients. Our present volunteer number is 105 but we were saddened to see ten retire and three leave the district.
TWO WELLS
Our frozen meals based branch has been operating for over 25 years. The freezer is located in the Two Wells Uniting Church Op Shop. Meals are delivered fortnightly, and with eight volunteers each is rostered to deliver meals once every two months. We currently have three clients, including a former volunteer. It is good that we can give back a little of what she put into MoW. Unfortunately we lost a very valuable friend and long-term client, aged 94. She lived next door to the Op Shop and would walk over and pick up her meals. Most times we would try and take them to her house, but she was a very stubborn lady, and wanted to walk her meals back to her house by herself. One gentleman, who had been both a volunteer and client for many years (he delivered his own meals) has now moved into the Hospital Hostel. He is enjoying the company of lots of residents there, but we volunteers miss his company. We recently changed to direct debit, which was a big change for some of us, but it’s worked very smoothly with the help of Central Office. We have been lucky to have two new volunteers join our team, and we wish to especially thank our Treasurer and all our volunteers who keep our branch running smoothly.

UNLEY
Several events occurred throughout the year. The choice menu has been achieved for all five routes covered by our branch. Our recipients have expressed appreciation of the menu choice and it generally has been well received. The quality and variety of the meals provided by our branch has always generated compliments from the recipients to our deliverers. Students from Mercedes, Rostrevor, St Ignatius and Christian Brothers Colleges have participated with volunteering in the kitchen. They have provided valuable assistance at times when volunteer numbers have been low. Their attitude and application to assigned duties makes them a credit to their schools and to young people in general. Volunteer numbers continue to be an issue and at times it is quite difficult to manage both in the kitchen duties and the delivery tasks.

WAIKERIE
Again we have had a busy year. We were able to preserve a lot of fruit which was generously donated by local growers. Our client numbers have gradually increased to around 35. One of our long serving cooks, Elsie Pfeiler, retired after 35 years. We have had a lot of great publicity through the local paper. A copy of the MoW services pamphlet was sent to every doctor in the local practice, the hospital and Domiciliary Care. The wooden edging around our garden has been replaced with a cement edge. We look forward to the year to come.

WALLAROO
Another reasonable year has been completed, however our number of meals has reduced, resulting in a total of 6,369. Client numbers have also declined to 28. Volunteer numbers remain sufficient for our rosters with new recruits filling any replacements as required. We continue to liaise with the Wallaroo Hospital staff to change to a four week rotating menu, however with constant changing of Hospital staff this is becoming long-winded. The committee look forward to next year promising, with the help of our volunteers, to provide the best service we can to our clients and the Wallaroo community. Our branch appreciates the support and help of Central Office staff and, in particular, the meetings and seminars they provide for us throughout the year.

WARRADALE
This year our branch prepared and delivered approximately 39,500 meals which is significantly down on previous years. The changing face of the residential area of our patch would have a bearing for some decline and, as a result we have smoothly reduced the number of routes from eight to seven. Thanks to our Kitchen Coordinator Graham Lock, his able assistants Gerda Schroder and Tom Hough, and the dedicated kitchen team along with our drivers, deliverers and committee members who ensure our branch runs smoothly and efficiently. Recognition of dedicated and long serving volunteers Pamela from her assistant, our Client Services Coordinator is kept busy visiting clients and arranging for them to receive their meals. We are awaiting the installation of a shelf to enable us to put the food containers at a more convenient height to assist with loading of meals into delivery vehicles. At Christmas we again provided Christmas cake to each recipient. The cakes were donated by the local Lions Club and packed by some of our volunteers. We have a very happy band of volunteers and we feel that we provide good service to the recipients of the meals.
Rippon, Fay Quinn, Alan Vowels and Ann and David Pope were acknowledged as recipients of Marion Council’s ‘Unsung Heroes’ awards, while Graham Lock and Gerda Schroder have been nominated for the ‘National Volunteer Award’ and ‘Premier’s Volunteers Award’ respectively. Successful fund raising has enabled us to print our own personalised greeting cards for all occasions along with Christmas hampers, Easter, Mothers and Fathers day gifts, and this year an engraved pen on National Meals on Wheels Day for each of our clients.

WEST TORRENS
This has been another year of gradual decline in our client numbers. For every two or three new clients, we seem to have three or four who move into care or have sadly passed away. We are currently serving 70 - 80 meals per day. Frozen meals bolster these numbers by as many as 10 meals on some days. We know that our services are appreciated by our clients. The family of a former client recently donated $500 in appreciation of the help given to their father. A current client also donated $500 as part of his personal charitable donations program. These gestures are much appreciated. The occasional message thanking us for the meals provided is also good feedback for our hardworking volunteers, some of whom work on as many as four days a week. During the year two of our life members passed away. Nancy Morris and Brian Moore had each served the kitchen faithfully for more than twenty years in a variety of capacities. We have a dedicated group of committee members who attend meetings regularly and who contribute to discussions and decision making.

WHYALLA
Our branch continues to have great support from our volunteers with a list of ‘spare’ drivers who give their time several times a month at short notice. We have tried to attract corporate volunteers with no success. On National Meals on Wheels Day, Mayor Jim Pollock delivered a meal to a client with the local newspaper attending. Peter Neal from Central Office attended our AGM and it was a good opportunity for volunteers who attended to find out what is planned for MoW. Our Client Services Coordinator resigned due to starting employment and her assistant, Pam Phyland has taken over and is doing a great job. Currently we are delivering to 70 clients daily, with eight frozen meals and 17 special meals weekly. Our thanks to the Rotary Club for providing two volunteers each month for deliveries and the two Lions Clubs for providing Christmas cakes to be distributed to clients. The hospital kitchen staff does a great job preparing our meals. To our committee and volunteers we give grateful thanks for your cheerful work on helping to keep our clients in their homes.

WOODVILLE
Another busy and interesting year at our kitchen. “More than just a meal” proved to be a very appropriate motto. Whilst our client numbers are slightly down, our volunteer numbers were static, for which we are grateful. The choice menu is a great hit with our clients. We were saddened by the closure of the Woodville Rotary Club as they have provided us with a driver every Wednesday for the last 50 years. We lost several of our long term clients. We also lost one of our long term volunteers very suddenly at the kitchen. We wish to thank Central Office and in particular Julie Bonnici and Sharyn Broer for their support during this difficult time. On a lighter note we had a very successful time at the Eagles Community Day for the Woodville West Torrens Football Club. This is a day when we get to promote MoW in our local area. We also ‘christened’ their newly renovated club dining room for our AGM. Thanks to those who helped at our first Bunnings BBQ fundraising day, which was very successful. Thank you to our drivers, delivers, kitchen volunteers and committee members whose efforts are invaluable – ordinary people doing extraordinary work!

WUDINNA
Our branch commenced on Tuesday, 11 June 1985. This year we were very pleased to deliver our 50,000th meal in May and hope that we continue to do so for many more years. On the first day we had a total of seven recipients receiving meals, this number is around 13 each day, but varies from time to time. Over the years there have been many changes but the same happens in our branch like it used to; the recipients still get hot soup and main course and a dessert, and are always very grateful to their deliverers. Several of our volunteers received service awards this year. One of our first deliverers, Betty Douglass is retiring from delivering meals in July, as she celebrates her 90th birthday. What a fantastic job; we wish her a very happy birthday and thank her and all our volunteers for delivering over the years.
Board and Committees

President/Chair: Leon Holmes AM
Leon has over 20 years association with Meals on Wheels after a career spanning some 36 years with Shell in a variety of roles involving Sales and Marketing and broader corporate roles. Leon’s experience in business includes being a Director and past President of the RAA in SA, as well as his own business and other boards in the arts, tourism, insurance, sport and petroleum.

Vice President: Glenn Mattingly
Since retiring, volunteering has been a great and enjoyable part of Glenn’s life. 20 years with Meals on Wheels at Branch and Board level and assisting as a simulated patient at TQEH, RAH and FMC is very rewarding. Married to wife Pamela for fifty two years, they have 3 children and 9 grandchildren.

Vice President: Margaret McKenzie
Maggie started in the Mt Gambier Branch in the 60’s and has served Meals on Wheels since then. After a distinguished career in education and libraries she now chairs the Branch Operations & Services Committee, contributes as a Board member in strategic planning and decision making, chairs a Branch and is cook of the day each week.

Hon. Treasurer: John Hill B Ec PSM
John has extensive and distinguished experience in finance and governance in the public/private sectors, including Deputy Under Treasurer and Under Treasurer with the SA Government. John had responsibility for providing policy advice on all aspects of Commonwealth-State financial relations and on State taxation policy. Board experience includes; Adelaide Bank Limited, Motor Accident Commission, RESI Corporation (Chair), Generation, Distribution, Transmission Lessor Corporations (Chair) and the University of Adelaide Audit and Compliance Committee.

Elected Member: Dr Bob Hecker AM
A member of State Executive, and the Board of MoWSA from 1990, Dr Hecker retired at the last AGM. His biography is in last year’s report.

Elected Member: Mary Rowley
Involved with Meals on Wheels Murray Bridge since 1993, Mary’s 19 years’ experience as a volunteer, branch Chair and Board Member provides great operational insights from a branch perspective.

Elected Member: Mikki Bouchee
Mikki has a wide range of expertise and experience in community based organisations with a depth of knowledge in business, finance and strategic planning. In retirement she is involved with Meals on Wheels, local government (City of Holdfast Bay/City of Glenelg) and other regional service organisations.

Elected Member: Terry Bester
Terry has over 20 years cumulative experience as a Director and Board Member of regional and local health and housing organisations. He has served Meals on Wheels for some 15 years as a volunteer, committee member and Chair. His professional life involved sales, accounts, administration, and client services in private industry and as a commonwealth public servant. He is also involved with the CFS and other community organisations.

Branch Delegate: Bill Coomans JP, Happy Valley
Bill retired after working for the federal government in electronic engineering and management and finishing as a State Manager of a federal authority. His volunteering experience ranges from community management to service as a Councillor and Alderman with the Cities of Marion and Onkaparinga. He is Chair of the Happy Valley Branch and has given extensive service on the Constitutional Review Committee.

Branch Delegate: Shirley Mudge, Waikerie
Shirley has been a Meals on Wheels volunteer for over 20 years and serves/ed as Branch Chair and Welfare Officer, Secretary and Assistant Treasurer as well as being a member of the Branch Operations and Services Committee. She is a Lutheran Schools Officer (SSO) running a gross motor skills program for the younger students and as a Librarian. Shirley has also worked in aged care.

Branch Delegate: Chris Monck, Mt Barker
With skills in administration, finance and management and extensive experience in other roles with State and Local Government and the private sector, Chris also has extensive volunteering experience in the aged care sector and Meals on Wheels. She has experience as a Staff and Welfare Officer and a member of the Cook Chill Committee.

Branch Delegate: Heather Richardson, Barossa Valley
Heather has enjoyed a distinguished career with the SA Government (predominantly in TAFESA). She provides a combination of professional, Board membership and community volunteering experience. She has led and managed large corporate teams in a variety of disciplines. Her extensive Board experience in regional SA and her committee work with MoWSA adds great value to our organisation.

Co-opted Member: Janet Grieve FAICD
Janet has extensive experience working with not for profit organisations. She is a Board member of Save the Children Australia and served long term on the Board of the National Heart Foundation. Janet spent 10 years as a member of the Commonwealth Remuneration Tribunal and almost 20 years as Managing Director of a national public relations company. She has had experience as a company director on a range of private sector, government and not for profit Boards.

Co-opted Member: David Henderson
David has a background in general insurance and is the former General Manager of Commercial Insurance at SGIC and CEO of RAA Insurance. Since 2007 he is also a Director of Medical Insurance Group Australia. David is a Fellow of Australian Institute of Company Directors.

Co-Opted Member: Associate Professor Robert Penhall
MBBS D(Obst), RCOG,FRACP, AFRACMA, FAAG, FRCP FANZSGM
Bob Penhall was our Honorary Medical Advisor and was co-opted to the board during the year. Formerly Director of the Department of Geriatric and Rehabilitation Medicine, Royal Adelaide Hospital. He is an Associate Professor in the Discipline of Medicine and in the Discipline of Clinical and Experimental Pharmacology and Toxicology, School of Medical Sciences at Adelaide University. He is also Adjunct Senior Lecturer, Department of Palliative and Supportive Services, Flinders University. His board appointments include the Florey Medical Chapter, University of Adelaide Alumni Association and Active Ageing SA. He has over 95 publications with his name was named a Fellow of the Australian Association of Gerontology.
### Board Meetings 2012-13

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>L Holmes AM</td>
<td>President</td>
<td>11/11</td>
</tr>
<tr>
<td>G Mattingly</td>
<td>Vice President</td>
<td>10/11</td>
</tr>
<tr>
<td>M McKenzie</td>
<td>Vice President</td>
<td>11/11</td>
</tr>
<tr>
<td>J Hill</td>
<td>Hon. Treasurer</td>
<td>11/11</td>
</tr>
<tr>
<td>R Hecker AM</td>
<td>Elected Member</td>
<td>4/4</td>
</tr>
<tr>
<td>M Rowley</td>
<td>Elected Member</td>
<td>9/11</td>
</tr>
<tr>
<td>M Bouchee</td>
<td>Elected Member</td>
<td>10/11</td>
</tr>
<tr>
<td>W Coomans</td>
<td>Branch Representative</td>
<td>10/11</td>
</tr>
<tr>
<td>S Mudge</td>
<td>Branch Representative</td>
<td>9/11</td>
</tr>
<tr>
<td>C Monck</td>
<td>Branch Representative</td>
<td>11/11</td>
</tr>
<tr>
<td>H Richardson</td>
<td>Branch Representative</td>
<td>10/11</td>
</tr>
<tr>
<td>J Grieve</td>
<td>Co-opted Member</td>
<td>8/11</td>
</tr>
<tr>
<td>D Henderson</td>
<td>Co-opted Member</td>
<td>10/11</td>
</tr>
<tr>
<td>T Bester</td>
<td>Co-opted/Elected Member</td>
<td>10/11</td>
</tr>
<tr>
<td>R Penhall</td>
<td>Co-opted Member</td>
<td>5/7</td>
</tr>
</tbody>
</table>

### Finance, Audit & Risk Management Committee 2012-13

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>J Hill</td>
<td>Chair</td>
<td>4/5</td>
</tr>
<tr>
<td>L Holmes AM</td>
<td>Member</td>
<td>5/5</td>
</tr>
<tr>
<td>D Henderson</td>
<td>Member</td>
<td>4/5</td>
</tr>
<tr>
<td>R Hecker AM</td>
<td>Member</td>
<td>2/2</td>
</tr>
<tr>
<td>M Rowley</td>
<td>Member</td>
<td>3/5</td>
</tr>
<tr>
<td>H Richardson</td>
<td>Member</td>
<td>5/5</td>
</tr>
<tr>
<td>J Grieve</td>
<td>Member</td>
<td>2/2</td>
</tr>
</tbody>
</table>

### Governance & Nominations Committee 2012-13

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>L Holmes AM</td>
<td>Chair</td>
<td>5/5</td>
</tr>
<tr>
<td>J Raggatt</td>
<td>Member</td>
<td>0/5</td>
</tr>
<tr>
<td>W Coomans</td>
<td>Member</td>
<td>5/5</td>
</tr>
<tr>
<td>M McKenzie</td>
<td>Member</td>
<td>5/5</td>
</tr>
<tr>
<td>C Monck</td>
<td>Member</td>
<td>5/5</td>
</tr>
<tr>
<td>T Bester</td>
<td>Member</td>
<td>4/5</td>
</tr>
</tbody>
</table>

### Constitution Review Sub-Committee 2012-13

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>W Coomans</td>
<td>Chair</td>
<td>6/6</td>
</tr>
<tr>
<td>G Mattingly</td>
<td>Member</td>
<td>5/6</td>
</tr>
<tr>
<td>J Hill</td>
<td>Member</td>
<td>6/6</td>
</tr>
<tr>
<td>C Monck</td>
<td>Member</td>
<td>6/6</td>
</tr>
<tr>
<td>T Bester</td>
<td>Member</td>
<td>5/6</td>
</tr>
<tr>
<td>L Holmes AM</td>
<td>Ex Officio Member</td>
<td>5/6</td>
</tr>
<tr>
<td>M McKenzie</td>
<td>Ex Officio Member</td>
<td>5/6</td>
</tr>
</tbody>
</table>

### Marketing and Communications Committee 2012-13

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>J Grieve</td>
<td>Chair</td>
<td>3/3</td>
</tr>
<tr>
<td>M Bouchee</td>
<td>Member</td>
<td>2/3</td>
</tr>
<tr>
<td>W Coomans</td>
<td>Member</td>
<td>3/3</td>
</tr>
<tr>
<td>M McKenzie</td>
<td>Ex Officio Member</td>
<td>3/3</td>
</tr>
</tbody>
</table>

### Branch Operations & Services Committee 2012-13

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>M McKenzie</td>
<td>Chair (Norwood Branch)</td>
<td>6/6</td>
</tr>
<tr>
<td>G Mattingly</td>
<td>Board</td>
<td>6/6</td>
</tr>
<tr>
<td>R Cram</td>
<td>Woodville Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>M Donohoe</td>
<td>Happy Valley Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>L Allen</td>
<td>Stirling Branch</td>
<td>6/6</td>
</tr>
<tr>
<td>K Norman</td>
<td>Mt Gambier Branch</td>
<td>6/6</td>
</tr>
<tr>
<td>T George</td>
<td>Unley Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>S Wells</td>
<td>Prospect Branch</td>
<td>5/6</td>
</tr>
<tr>
<td>X Brooke-Smith</td>
<td>Daws Road Branch</td>
<td>2/3</td>
</tr>
<tr>
<td>J Stone</td>
<td>Mitcham Branch</td>
<td>6/6</td>
</tr>
<tr>
<td>S Mudge</td>
<td>Board (Wakefield Branch)</td>
<td>3/6</td>
</tr>
<tr>
<td>H Richardson</td>
<td>Board (Barossa Valley Branch)</td>
<td>4/6</td>
</tr>
<tr>
<td>P Ferris</td>
<td>Burra Branch</td>
<td>5/6</td>
</tr>
<tr>
<td>B Jackson</td>
<td>Happy Valley Branch</td>
<td>2/3</td>
</tr>
<tr>
<td>J Oates</td>
<td>Salisbury Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>T McArthur</td>
<td>Burnside Branch</td>
<td>3/3</td>
</tr>
</tbody>
</table>

### Country Hospital-based Branch Sub-Committee 2012-13

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>G Mattingly AM</td>
<td>Chair</td>
<td>3/3</td>
</tr>
<tr>
<td>P Ferris</td>
<td>Burra Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>B Fleming</td>
<td>Gilbert Valley Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>P Volkert</td>
<td>Gilbert Valley Branch</td>
<td>1/3</td>
</tr>
<tr>
<td>J Behn</td>
<td>Gilbert Valley Branch</td>
<td>2/3</td>
</tr>
<tr>
<td>H Richardson</td>
<td>Barossa Valley Branch</td>
<td>1/3</td>
</tr>
<tr>
<td>C Hick</td>
<td>Barossa Valley Branch</td>
<td>0/1</td>
</tr>
<tr>
<td>S Walding</td>
<td>Murray Bridge Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>M Klau</td>
<td>Murray Bridge Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>A Whittaker</td>
<td>Port Lincoln Branch</td>
<td>2/3</td>
</tr>
<tr>
<td>D Moulds</td>
<td>Ardrossan Branch</td>
<td>3/3</td>
</tr>
<tr>
<td>D Morton</td>
<td>Port Augusta Branch</td>
<td>1/1</td>
</tr>
<tr>
<td>C Todd</td>
<td>Port Augusta Branch</td>
<td>1/1</td>
</tr>
</tbody>
</table>

### Executive Committee 2012-2013

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>L Holmes AM</td>
<td>Chair</td>
<td>4/4</td>
</tr>
<tr>
<td>G Mattingly</td>
<td>Member</td>
<td>4/4</td>
</tr>
<tr>
<td>M McKenzie</td>
<td>Member</td>
<td>4/4</td>
</tr>
<tr>
<td>J Hill</td>
<td>Member</td>
<td>4/4</td>
</tr>
<tr>
<td>J Grieve</td>
<td>Member</td>
<td>4/4</td>
</tr>
</tbody>
</table>
Financial Statements

This concise financial report is an extract from the financial report for the year ended 30 June 2013 for Meals on Wheels (SA) Inc. The financial statements and specific disclosures included in the concise financial report have been derived from the financial report.

The concise financial report cannot be expected to provide as full an understanding of the financial performance, financial position and financing and investing activities of the entity as the financial report.

Further financial information can be obtained from the financial report which is available, free of charge, on request to the Chief Executive Officer, Meals on Wheels(SA) Inc. PO Box 406 Unley SA 5061.

REPORT OF THE BOARD
The Board reports that:
(a) During the financial year ended 30 June 2013, no officer of the Association, firm of which the officer is a member, or body corporate in which the officer has a substantial financial interest, has received or become entitled to receive a benefit as a result of a contract between the officer, firm or body corporate and the Association; and
(b) During the year ended 30 June 2013, no officer of the Association has received directly or indirectly from the Association any payment or other benefit of a pecuniary value, except for the fixed salary as an employee of the Association.

DECLARATION BY THE BOARD OF THE ASSOCIATION
In the opinion of the Board:
(a) the attached financial statements and notes thereto comply with the Australian Accounting Standards – Reduced Disclosure Requirements; the attached financial statements and notes thereto give a true and fair view of the Association's financial position as at 30 June 2013 and of its performance for the financial year ended on that date; and
(b) there are reasonable grounds to believe that the Association will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board and is signed for and on its behalf by:

Leon Holmes AM
President

John Hill
Honorary Treasurer

Signed at Wayville this 16th day of September 2013.
## STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 30 JUNE 2013

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$</td>
<td>$</td>
</tr>
<tr>
<td><strong>OPERATING REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meal Sales</td>
<td>6,996,602</td>
<td>7,012,956</td>
</tr>
<tr>
<td>Government - Home &amp; Community Care Recurrent funding</td>
<td>2,240,821</td>
<td>2,489,018</td>
</tr>
<tr>
<td>Government Grant Senior's Wise/Volunteer Grants</td>
<td>-</td>
<td>236,924</td>
</tr>
<tr>
<td>Government - Home &amp; Community Care (HACC) one off funding</td>
<td>73,260</td>
<td>-</td>
</tr>
<tr>
<td>State Government - Department for Communities and Social Inclusion</td>
<td>180,456</td>
<td>-</td>
</tr>
<tr>
<td>Other Grants</td>
<td>11,974</td>
<td>-</td>
</tr>
<tr>
<td>Sundry Receipts</td>
<td>14,648</td>
<td>15,098</td>
</tr>
<tr>
<td></td>
<td>9,517,761</td>
<td>9,753,996</td>
</tr>
<tr>
<td><strong>EXPENSES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Purchases</td>
<td>4,210,268</td>
<td>4,339,872</td>
</tr>
<tr>
<td>Transport Reimbursement</td>
<td>476,314</td>
<td>496,263</td>
</tr>
<tr>
<td>Electricity &amp; Gas</td>
<td>459,619</td>
<td>367,269</td>
</tr>
<tr>
<td>Cleaning Costs</td>
<td>321,608</td>
<td>358,342</td>
</tr>
<tr>
<td>Repairs &amp; Maintenance</td>
<td>206,397</td>
<td>219,583</td>
</tr>
<tr>
<td>Depreciation</td>
<td>407,793</td>
<td>410,760</td>
</tr>
<tr>
<td>Amortisation</td>
<td>399,309</td>
<td>379,026</td>
</tr>
<tr>
<td>Employee Benefits Expenses</td>
<td>2,321,790</td>
<td>2,125,917</td>
</tr>
<tr>
<td>Other Operating Costs</td>
<td>565,267</td>
<td>391,689</td>
</tr>
<tr>
<td>Branch Services</td>
<td>83,616</td>
<td>101,095</td>
</tr>
<tr>
<td>Marketing &amp; Public Relations</td>
<td>162,497</td>
<td>129,748</td>
</tr>
<tr>
<td>Auditors Remuneration</td>
<td>30,050</td>
<td>33,000</td>
</tr>
<tr>
<td>Office Expenses</td>
<td>335,166</td>
<td>425,836</td>
</tr>
<tr>
<td>Insurance</td>
<td>83,651</td>
<td>84,586</td>
</tr>
<tr>
<td>Motor Vehicles</td>
<td>56,704</td>
<td>83,739</td>
</tr>
<tr>
<td>Other Administration Expenditure</td>
<td>156,216</td>
<td>207,257</td>
</tr>
<tr>
<td></td>
<td>10,276,265</td>
<td>10,153,982</td>
</tr>
<tr>
<td><strong>OPERATING SURPLUS (DEFICIT)</strong></td>
<td>(758,506)</td>
<td>(399,986)</td>
</tr>
<tr>
<td><strong>OTHER REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interest</td>
<td>273,711</td>
<td>188,034</td>
</tr>
<tr>
<td>Donations &amp; Legacies</td>
<td>205,429</td>
<td>148,134</td>
</tr>
<tr>
<td>Other Income</td>
<td>236,433</td>
<td>132,445</td>
</tr>
<tr>
<td>Gain/(Loss) on Disposal of Financial assets</td>
<td>70,946</td>
<td>(140,594)</td>
</tr>
<tr>
<td>Gain/(Loss) on Disposal of Property, Plant and Equipment</td>
<td>21,776</td>
<td>436,648</td>
</tr>
<tr>
<td></td>
<td>808,295</td>
<td>764,667</td>
</tr>
<tr>
<td><strong>SURPLUS (DEFICIT) BEFORE INVESTMENT INCOME AND IMPAIRMENT LOSSES</strong></td>
<td>49,789</td>
<td>364,681</td>
</tr>
<tr>
<td>Investment income reinvested</td>
<td>538,641</td>
<td>387,812</td>
</tr>
<tr>
<td><strong>TOTAL SURPLUS (DEFICIT)</strong></td>
<td>588,430</td>
<td>752,493</td>
</tr>
<tr>
<td><strong>OTHER COMPREHENSIVE INCOME</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gains/(losses) from remeasuring available for sale financial assets</td>
<td>1,440,378</td>
<td>(171,501)</td>
</tr>
<tr>
<td>Revaluation of property, plant and equipment</td>
<td>3,512,360</td>
<td>-</td>
</tr>
<tr>
<td><strong>TOTAL COMPREHENSIVE INCOME</strong></td>
<td>5,541,168</td>
<td>580,992</td>
</tr>
</tbody>
</table>
### Statement of Changes in Equity
**For the Year Ended 30 June 2013**

<table>
<thead>
<tr>
<th></th>
<th>Asset Revaluation Reserve</th>
<th>Financial Asset Reserve</th>
<th>Retained Earnings</th>
<th>Total Equity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Balance at 30 June 2011</td>
<td></td>
<td>1,219,776</td>
<td>22,504,469</td>
<td>23,724,245</td>
</tr>
<tr>
<td><strong>Changes in Equity</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Comprehensive Income</td>
<td></td>
<td>(171,501)</td>
<td></td>
<td>(171,501)</td>
</tr>
<tr>
<td>Surplus (Deficit)</td>
<td></td>
<td></td>
<td>752,493</td>
<td>752,493</td>
</tr>
<tr>
<td>Balance at 30 June 2012</td>
<td></td>
<td>1,048,275</td>
<td>23,256,962</td>
<td>24,305,237</td>
</tr>
<tr>
<td><strong>Changes in Equity</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Comprehensive Income</td>
<td></td>
<td>3,512,360</td>
<td></td>
<td>4,952,738</td>
</tr>
<tr>
<td>Surplus (Deficit)</td>
<td></td>
<td></td>
<td>588,430</td>
<td>588,430</td>
</tr>
<tr>
<td>Balance at 30 June 2013</td>
<td>3,521,360</td>
<td>2,488,653</td>
<td>23,845,392</td>
<td>29,846,405</td>
</tr>
</tbody>
</table>

### Cash Flow Statement
**For the Year Ended 30 June 2013**

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Cash Flows from Operating Activities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Receipts from :</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meal sales</td>
<td>6,996,602</td>
<td>7,012,956</td>
</tr>
<tr>
<td>Government grants</td>
<td>2,731,466</td>
<td>2,725,942</td>
</tr>
<tr>
<td>Donations</td>
<td>205,429</td>
<td>148,134</td>
</tr>
<tr>
<td>Interest</td>
<td>273,711</td>
<td>188,034</td>
</tr>
<tr>
<td>Other sources</td>
<td>390,781</td>
<td>147,543</td>
</tr>
<tr>
<td><strong>Total Receipts</strong></td>
<td>10,597,989</td>
<td>10,222,609</td>
</tr>
<tr>
<td>Payments for :</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meal costs</td>
<td>4,404,363</td>
<td>4,216,173</td>
</tr>
<tr>
<td>Employment costs</td>
<td>2,321,790</td>
<td>2,068,874</td>
</tr>
<tr>
<td>Other costs</td>
<td>2,847,220</td>
<td>3,208,656</td>
</tr>
<tr>
<td><strong>Total Payments</strong></td>
<td>9,573,373</td>
<td>9,493,703</td>
</tr>
<tr>
<td><strong>Net cash flows from operating activities</strong></td>
<td>1,024,616</td>
<td>728,906</td>
</tr>
</tbody>
</table>

**Cash Flows Used in Investing Activities**

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proceeds from investment fund draw down</td>
<td>1,000,000</td>
<td>3,000,000</td>
</tr>
<tr>
<td>Payments for financial assets</td>
<td>(1,538,641)</td>
<td>-</td>
</tr>
<tr>
<td>Proceeds from sales of property, plant &amp; equipment</td>
<td>27,693</td>
<td>640,602</td>
</tr>
<tr>
<td>Purchase of land &amp; buildings</td>
<td>(890,260)</td>
<td>(262,367)</td>
</tr>
<tr>
<td>Purchase of plant &amp; equipment</td>
<td>(399,232)</td>
<td>(316,175)</td>
</tr>
<tr>
<td>Interest reinvested in financial assets</td>
<td>538,641</td>
<td>-</td>
</tr>
<tr>
<td><strong>Net cash flows from investing activities</strong></td>
<td>(1,261,799)</td>
<td>3,062,060</td>
</tr>
</tbody>
</table>

**Net increase (decrease) in cash**

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash, cash equivalents and term deposits at the beginning of the year</td>
<td>6,045,378</td>
<td>2,254,412</td>
</tr>
<tr>
<td>Cash, cash equivalents and term deposits at the end of the year</td>
<td>5,808,195</td>
<td>6,045,378</td>
</tr>
</tbody>
</table>
**Statement of Financial Position**

**For the year ended 30 June 2013**

<table>
<thead>
<tr>
<th></th>
<th>2013</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and cash equivalents</td>
<td>$1,065,033</td>
<td>$1,340,131</td>
</tr>
<tr>
<td>Financial assets</td>
<td>$4,743,163</td>
<td>$4,705,247</td>
</tr>
<tr>
<td>Trade and other receivables</td>
<td>$170,558</td>
<td>$166,080</td>
</tr>
<tr>
<td>Land and buildings for resale</td>
<td>$159,218</td>
<td>-</td>
</tr>
<tr>
<td>Inventories</td>
<td>$6,681</td>
<td>$47,138</td>
</tr>
<tr>
<td>Other assets</td>
<td>$180,330</td>
<td>$132,203</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td>$6,324,982</td>
<td>$6,390,799</td>
</tr>
<tr>
<td><strong>Non Current Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Property, Plant &amp; Equipment</td>
<td>$11,156,587</td>
<td>$7,340,126</td>
</tr>
<tr>
<td>Financial Assets</td>
<td>$13,264,829</td>
<td>$11,214,864</td>
</tr>
<tr>
<td><strong>Total Non Current Assets</strong></td>
<td>$24,421,416</td>
<td>$18,554,990</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>$30,746,398</td>
<td>$24,945,789</td>
</tr>
<tr>
<td><strong>Current Liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trade and other payables</td>
<td>$394,922</td>
<td>$302,820</td>
</tr>
<tr>
<td>Provisions</td>
<td>$249,119</td>
<td>$252,876</td>
</tr>
<tr>
<td>Other liabilities</td>
<td>$218,778</td>
<td>$53,737</td>
</tr>
<tr>
<td><strong>Total Current Liabilities</strong></td>
<td>$862,819</td>
<td>$609,433</td>
</tr>
<tr>
<td><strong>Non Current Liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Provisions</td>
<td>$37,174</td>
<td>$31,120</td>
</tr>
<tr>
<td><strong>Total Non Current Liabilities</strong></td>
<td>$37,174</td>
<td>$31,120</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td>$899,993</td>
<td>$640,552</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td>$29,846,405</td>
<td>$24,305,237</td>
</tr>
<tr>
<td><strong>Equity</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Retained surpluses</td>
<td>$23,845,392</td>
<td>$23,256,962</td>
</tr>
<tr>
<td>Asset Revaluation Reserve</td>
<td>$3,512,360</td>
<td>-</td>
</tr>
<tr>
<td>Financial Asset Reserve</td>
<td>$2,488,653</td>
<td>$1,048,275</td>
</tr>
<tr>
<td><strong>Total Equity</strong></td>
<td>$29,846,405</td>
<td>$24,305,237</td>
</tr>
</tbody>
</table>

A copy of the full set of Financial Statements, Statement by the Board and Auditor’s Statement is available on request from the Chief Executive Officer, Meals on Wheels (SA) Incorporated PO Box 406 Unley SA 5061
MEALS ON WHEELS (SA) INCORPORATED

INDEPENDENT AUDITOR’S REPORT

To the members of Meals on Wheels (SA) incorporated:

We have audited the Concise Annual financial report of Meals on Wheels (SA) Inc. which comprises the statement of financial position and statement of changes in equity as at 30 June 2013 and the statement of comprehensive income, which was derived from the financial report of Meals on Wheels (SA) Inc. for the year ended 30 June 2013. We expressed an unmodified auditor’s opinion on that financial report in our independent auditor’s report dated 17th September 2013.

Directors’ Responsibility for the Concise Annual Financial Report

The Board of Directors is responsible for the preparation and fair presentation of the Concise Annual financial report in accordance with Australian Accounting Standards (Including Australian Accounting Interpretations), the Associations Incorporation Act (SA) 1985 and for such internal control as the directors determine is necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor’s Responsibility

Our responsibility is to express an opinion on the Concise Annual financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

Auditor’s Opinion

In our opinion the information reported in the Concise Annual financial report is consistent, in all material respects, with the financial report from which it was derived. For a better understanding of the scope of our audit, this auditor’s report should be read in conjunction with our auditor’s report on the financial report of Meals on Wheels (SA) Inc.

HLB Mann Judd
Chartered Accountants

Adelaide
17th September 2013

Trevor Hirth
Partner
Delivered Meal Services

We detail below particulars of the various types of services provided by our branches during the year together with the number of meals provided since the inception of each branch.

**Kitchen Based**

These meals are prepared and delivered by volunteers working from our own kitchens.

<table>
<thead>
<tr>
<th>Branch</th>
<th>Total 2012/2013</th>
<th>2012/13 Daily Average</th>
<th>Meals Served Since Inception</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brighton</td>
<td>34,118</td>
<td>139</td>
<td>1,810,040</td>
</tr>
<tr>
<td>Burnside</td>
<td>20,012</td>
<td>81</td>
<td>1,373,244</td>
</tr>
<tr>
<td>Christies Beach*</td>
<td>41,845</td>
<td>170</td>
<td>1,399,654</td>
</tr>
<tr>
<td>Edwardstown</td>
<td>28,371</td>
<td>115</td>
<td>1,471,650</td>
</tr>
<tr>
<td>Enfield</td>
<td>16,411</td>
<td>67</td>
<td>1,017,611</td>
</tr>
<tr>
<td>Findon</td>
<td>24,693</td>
<td>100</td>
<td>836,135</td>
</tr>
<tr>
<td>Gawler</td>
<td>18,134</td>
<td>74</td>
<td>715,961</td>
</tr>
<tr>
<td>Glenelg</td>
<td>37,546</td>
<td>153</td>
<td>1,402,749</td>
</tr>
<tr>
<td>Henley &amp; Grange</td>
<td>32,438</td>
<td>132</td>
<td>1,423,767</td>
</tr>
<tr>
<td>Hindmarsh</td>
<td>14,079</td>
<td>57</td>
<td>1,280,615</td>
</tr>
<tr>
<td>Mitcham</td>
<td>31,812</td>
<td>129</td>
<td>1,650,384</td>
</tr>
<tr>
<td>Moonta</td>
<td>7,020</td>
<td>29</td>
<td>384,008</td>
</tr>
<tr>
<td>Mount Gambier</td>
<td>22,029</td>
<td>90</td>
<td>1,073,656</td>
</tr>
<tr>
<td>Norwood</td>
<td>17,642</td>
<td>72</td>
<td>1,196,769</td>
</tr>
<tr>
<td>Osborne</td>
<td>22,057</td>
<td>90</td>
<td>840,405</td>
</tr>
<tr>
<td>Paynesham</td>
<td>15,759</td>
<td>64</td>
<td>1,194,122</td>
</tr>
<tr>
<td>Port Adelaide</td>
<td>36,442</td>
<td>148</td>
<td>1,650,089</td>
</tr>
<tr>
<td>Port MacDonnell</td>
<td>1,665</td>
<td>7</td>
<td>85,954</td>
</tr>
<tr>
<td>Port Pirie</td>
<td>21,629</td>
<td>88</td>
<td>877,542</td>
</tr>
<tr>
<td>Prospect</td>
<td>12,341</td>
<td>50</td>
<td>1,049,193</td>
</tr>
<tr>
<td>Renmark</td>
<td>10,639</td>
<td>43</td>
<td>549,210</td>
</tr>
<tr>
<td>Salisbury</td>
<td>31,867</td>
<td>130</td>
<td>1,059,308</td>
</tr>
<tr>
<td>Stirling &amp; District</td>
<td>6,946</td>
<td>28</td>
<td>488,158</td>
</tr>
<tr>
<td>Unley</td>
<td>21,289</td>
<td>87</td>
<td>1,415,340</td>
</tr>
<tr>
<td>Victor Harbor</td>
<td>15,725</td>
<td>64</td>
<td>773,518</td>
</tr>
<tr>
<td>Waikerie</td>
<td>7,921</td>
<td>32</td>
<td>293,437</td>
</tr>
<tr>
<td>Warradale*</td>
<td>39,384</td>
<td>160</td>
<td>906,817</td>
</tr>
<tr>
<td>West Torrens</td>
<td>20,003</td>
<td>81</td>
<td>1,155,460</td>
</tr>
<tr>
<td>Woodville</td>
<td>17,760</td>
<td>72</td>
<td>1,220,683</td>
</tr>
<tr>
<td>Yankalilla</td>
<td>4,568</td>
<td>19</td>
<td>175,858</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>632,145</strong></td>
<td><strong>2,570</strong></td>
<td><strong>30,771,336</strong></td>
</tr>
</tbody>
</table>

**Cook Chill**

Cook – Chill meals produced at Kent Town Meal Production Centre, transported to branches, regenerated and distributed to recipients by volunteers each week day.

<table>
<thead>
<tr>
<th>Branch</th>
<th>Total 2012/2013</th>
<th>2012/13 Daily Average</th>
<th>Meals Served Since Inception</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blackwood</td>
<td>12,222</td>
<td>50</td>
<td>218,572</td>
</tr>
<tr>
<td>Campbelltown</td>
<td>19,071</td>
<td>78</td>
<td>963,994</td>
</tr>
<tr>
<td>Hallett Cove</td>
<td>10,435</td>
<td>42</td>
<td>194,224</td>
</tr>
<tr>
<td>Happy Valley</td>
<td>19,504</td>
<td>79</td>
<td>316,135</td>
</tr>
<tr>
<td>Modbury</td>
<td>32,856</td>
<td>134</td>
<td>743,396</td>
</tr>
<tr>
<td>Mount Barker</td>
<td>7,225</td>
<td>29</td>
<td>430,028</td>
</tr>
<tr>
<td>Northfield</td>
<td>16,893</td>
<td>69</td>
<td>415,423</td>
</tr>
<tr>
<td>Onkaparinga</td>
<td>3,589</td>
<td>15</td>
<td>237,677</td>
</tr>
<tr>
<td>Playford</td>
<td>20,841</td>
<td>85</td>
<td>573,793</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>142,636</strong></td>
<td><strong>580</strong></td>
<td><strong>4,093,242</strong></td>
</tr>
</tbody>
</table>

**Other Meal Services**

Frozen meals, reconstituted and delivered by volunteers each week day.

<table>
<thead>
<tr>
<th>Branch</th>
<th>Total 2012/2013</th>
<th>2012/13 Daily Average</th>
<th>Meals Served Since Inception</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meadows</td>
<td>1,601</td>
<td>7</td>
<td>39,168</td>
</tr>
<tr>
<td>Milang</td>
<td>974</td>
<td>4</td>
<td>17,499</td>
</tr>
<tr>
<td>Tintinara</td>
<td>122</td>
<td>0</td>
<td>7,781</td>
</tr>
<tr>
<td>Two Wells</td>
<td>1,190</td>
<td>5</td>
<td>27,440</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3,887</strong></td>
<td><strong>16</strong></td>
<td><strong>91,888</strong></td>
</tr>
</tbody>
</table>

+ Christies Beach produced a further 77,206 meals for other branches.

* Warradale has also produced a further 285,613 meals for Cook-Chill branches.
Delivered Meal Services (Continued)

### Hospital Based
These meals are prepared by hospitals or other third party suppliers and delivered by our volunteers.

<table>
<thead>
<tr>
<th>Branch</th>
<th>Total 2012/2013</th>
<th>2012/13 Daily Average</th>
<th>Meals Served Since Inception</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aldinga</td>
<td>6,331</td>
<td>26</td>
<td>97,992</td>
</tr>
<tr>
<td>Ardrossan</td>
<td>3,830</td>
<td>16</td>
<td>68,013</td>
</tr>
<tr>
<td>Balaklava</td>
<td>5,878</td>
<td>24</td>
<td>147,971</td>
</tr>
<tr>
<td>Barossa Valley</td>
<td>11,458</td>
<td>47</td>
<td>509,210</td>
</tr>
<tr>
<td>Berri</td>
<td>7,820</td>
<td>32</td>
<td>322,186</td>
</tr>
<tr>
<td>Booleroo Centre</td>
<td>4,752</td>
<td>19</td>
<td>122,636</td>
</tr>
<tr>
<td>Burra</td>
<td>2,560</td>
<td>10</td>
<td>135,935</td>
</tr>
<tr>
<td>Ceduna</td>
<td>3,575</td>
<td>15</td>
<td>99,682</td>
</tr>
<tr>
<td>Clare</td>
<td>3,355</td>
<td>14</td>
<td>243,506</td>
</tr>
<tr>
<td>Cowell</td>
<td>1,719</td>
<td>7</td>
<td>59,152</td>
</tr>
<tr>
<td>Crystal Brook</td>
<td>4,036</td>
<td>16</td>
<td>188,693</td>
</tr>
<tr>
<td>Cummins</td>
<td>1,872</td>
<td>8</td>
<td>89,210</td>
</tr>
<tr>
<td>Daws Road*</td>
<td>2,394</td>
<td>53</td>
<td>510,362</td>
</tr>
<tr>
<td>Eudunda</td>
<td>1,727</td>
<td>7</td>
<td>80,093</td>
</tr>
<tr>
<td>Gilbert Valley</td>
<td>2,516</td>
<td>10</td>
<td>164,410</td>
</tr>
<tr>
<td>Goolwa &amp; Districts</td>
<td>5,805</td>
<td>24</td>
<td>157,838</td>
</tr>
<tr>
<td>Hamley Bridge</td>
<td>720</td>
<td>3</td>
<td>49,018</td>
</tr>
<tr>
<td>Jamestown</td>
<td>3,953</td>
<td>16</td>
<td>181,728</td>
</tr>
<tr>
<td>Kadina</td>
<td>8,135</td>
<td>33</td>
<td>322,383</td>
</tr>
<tr>
<td>Kapunda</td>
<td>4,693</td>
<td>19</td>
<td>5,018</td>
</tr>
<tr>
<td>Karoonda</td>
<td>418</td>
<td>2</td>
<td>21,314</td>
</tr>
<tr>
<td>Laura &amp; Districts</td>
<td>2,841</td>
<td>12</td>
<td>133,744</td>
</tr>
<tr>
<td>Maitland</td>
<td>4,640</td>
<td>19</td>
<td>89,895</td>
</tr>
<tr>
<td>Mannum</td>
<td>2,074</td>
<td>8</td>
<td>177,145</td>
</tr>
<tr>
<td>McLaren Vale</td>
<td>5,536</td>
<td>23</td>
<td>96,147</td>
</tr>
<tr>
<td>Millicent</td>
<td>6,081</td>
<td>25</td>
<td>124,102</td>
</tr>
<tr>
<td>Minlaton</td>
<td>2,676</td>
<td>11</td>
<td>45,002</td>
</tr>
<tr>
<td>Morgan</td>
<td>1,179</td>
<td>5</td>
<td>61,469</td>
</tr>
<tr>
<td>Murray Bridge</td>
<td>16,122</td>
<td>66</td>
<td>836,067</td>
</tr>
<tr>
<td>Naracoorte</td>
<td>5,523</td>
<td>22</td>
<td>149,358</td>
</tr>
<tr>
<td>Orrooro</td>
<td>1,652</td>
<td>7</td>
<td>12,247</td>
</tr>
<tr>
<td>Peterborough</td>
<td>4,843</td>
<td>20</td>
<td>205,280</td>
</tr>
<tr>
<td>Port Augusta</td>
<td>10,576</td>
<td>43</td>
<td>591,302</td>
</tr>
<tr>
<td>Port Broughton</td>
<td>2,413</td>
<td>10</td>
<td>108,607</td>
</tr>
<tr>
<td>Port Lincoln</td>
<td>15,398</td>
<td>63</td>
<td>638,977</td>
</tr>
<tr>
<td>Quorn</td>
<td>1,854</td>
<td>8</td>
<td>92,727</td>
</tr>
<tr>
<td>Snowtown</td>
<td>2,605</td>
<td>11</td>
<td>91,555</td>
</tr>
<tr>
<td>Southern Yorke Peninsula</td>
<td>2,399</td>
<td>10</td>
<td>97,374</td>
</tr>
<tr>
<td>Stansbury</td>
<td>992</td>
<td>4</td>
<td>41,606</td>
</tr>
<tr>
<td>Strathalbyn</td>
<td>6,353</td>
<td>26</td>
<td>244,600</td>
</tr>
<tr>
<td>Streaky Bay</td>
<td>3,662</td>
<td>15</td>
<td>129,549</td>
</tr>
<tr>
<td>Tailem Bend</td>
<td>2,944</td>
<td>12</td>
<td>103,526</td>
</tr>
<tr>
<td>Tumby Bay</td>
<td>6,181</td>
<td>25</td>
<td>177,905</td>
</tr>
<tr>
<td>Wallaroo</td>
<td>6,385</td>
<td>26</td>
<td>274,308</td>
</tr>
<tr>
<td>Whyalla</td>
<td>16,170</td>
<td>66</td>
<td>543,532</td>
</tr>
<tr>
<td>Willunga</td>
<td>1,952</td>
<td>8</td>
<td>44,341</td>
</tr>
<tr>
<td>Wudinna</td>
<td>2,139</td>
<td>9</td>
<td>50,885</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>222,738</strong></td>
<td><strong>949</strong></td>
<td><strong>8,737,601</strong></td>
</tr>
</tbody>
</table>

* Frozen meals through Central Office 783,040
* Inactive Branches 1,272,190
* **Total Number of Meals 2012- 2013** 1,001,406
* **Total Meals Since Inception** 45,749,298

---

* Daws Road branch closed September 2012.
Donations, Bequests and Support

Meals on Wheels SA Incorporated would like to acknowledge and thank the following organisations and individuals for their kindness through donations, bequests and support during the year. Gestures such as these allow us to undertake projects and activities that benefit our clients and volunteers.

Individuals, Companies & Estates including:
- Anderson/Walsh Fundraising
- Sophia Robeau
- Rural Bank
- Willis Australia
- Castle Tavern Sports
- Barbara Lewis
- PayPal Donations
- Ron Capurso
- City Of West Torrens
- Royal Show Donations
- Everyday Hero
- Edwards Marshall
- Bank SA Charitable Trust
- Amy Harper
- San Remo
- Yankalilla Variety Shop
- Edmund & George Whitlock Foundation
- Susan Stevens
- Lang Foundation
- Richard Watson
- Susan Ellen Stevens

Corporate Supporters:
- NAB
- MLC
- Bank SA
- Edwards Marshall
- QBE
- City of Charles Sturt
- Bernie Lewis Home Loans
- Westpac
- MRS Property
- and many other local organisations and schools across SA who assist with donations, in kind and volunteering